

## PROVISIONAL ANSWER KEY

Question 42/2024/OL

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Question1:-The drug that can be used for the purpose of sadyosneha in prameharogi

A:-Sura madya

B:-Ksheera

C:-Sneha processed with guggulu

D:-Lavanopahitha Sneha

Correct Answer:- Option-C

Question2:-Which among the following category needs rookshana prior to snehapana ?

A:-Vishamagni

B:-Alpagni

C:-Mandagni

D:-Samagni

Correct Answer:- Option-A

Question3:-Sukthodgara is a feature of

A:-Sneha jeeryamana lakshana

B:-Sneha ageerna lakshana

C:-Atisnigda lakshana

D:-Samyak snigda lakshana

Correct Answer:- Option-C

Question4:-Matra of snehapana required in mandagni

A:-Hraswa matra

B:-Madhyama matra

C:-Hraseeyasi

D:-Snehapana is not advised

Correct Answer:- Option-A

Question5:-Bhrama is a feature of

A:-Both Sneha jeeryamana and Sneha athiyoga

B:-Sneha jeeryamana

C:-Asnigda lakshana

D:-Both Sneha jeeryamana and asnigda

Correct Answer:- Option-A

Question6:-According to Ashatanga hridaya the therapeutic effect of madhyama matra snehapana is

A:-Sodhana

B:-Samana

C:-Brimhana

D:-Both sodhana and samana

Correct Answer:- Option-B

Question7:-The snehapana matra advised for visarpa

A:-Snehapana should not done in visarpa

B:-Uthama matra

C:-Madhyama matra

D:-Hraswa matra

Correct Answer:- Option-B

Question8:-Best among catusneha

A:-taila

B:-sarpis

C:-vasa

D:-majja

Correct Answer:- Option-B

Question9:-Snehapana matra required for madhyama agni bala patients

A:-3 pala

B:-3 karsha

C:-2 kudava

D:-2 karsha

Correct Answer:- Option-B

Question10:-The procedure which is pleasant, induces sleep, aphrodisiac and alleviates kapha and vata

A:-Pada abhyanga

B:-Utsadanam

C:-Mardanam

D:-Samvahanam

Correct Answer:- Option-D

Question11:-Which among the following is not a prameha upayogi sneha as per susrutha samhitha ?

A:-Sarshapa

B:-Karanja

C:-Atasi

D:-Pichumarda

Correct Answer:- Option-B

Question12:-The kalka used in yuktharadha vasthi

A:-Pippali

B:-Vacha

C:-Madana phala

D:-All the above

Correct Answer:- Option-D

Question13:-Which among the following statement is wrong with respect to Yapana vasti ?

A:-No need of anuvasana in between Yapana vasti

B:-Both rasayana and vajeekarana effect can be achieved

C:-Yapana vasti can be done upto 10 days

D:-None of the above

Correct Answer:- Option-D

Question14:-Amlika is an ingredient of

A:-Vaitharana vasti

B:-Mutra vasthi

C:-Madhutailika vasti

D:-Both 1 and 2

Correct Answer:- Option-D

Question15:-The dosha predominance in anoopa desa according to Caraka

A:-Vatha kapha

B:-Kapha

C:-Kapha pitha

D:-Vatha

Correct Answer:- Option-A

Question16:-In the process of madanaphalapippali samskarana, the madana phala should be tied up inside a bundle of kusa grass and kept inside a heap of either barley husk masa, kulatha or mudga for \_\_\_\_\_ nights.

A:-7

B:-8

C:-14

D:-9

Correct Answer:- Option-B

Question17:-Kosathaki is the synonym of

A:-krithavedahana

B:-vatsaka

C:-ikswaaku

D:-jeemoothaka

Correct Answer:- Option-A

Question18:-In sarad rithu the usage of trivruth is advised in along with

A:-Ksheera

B:-Gritha

C:-Draksha rasa

D:-Honey

Correct Answer:- Option-C

Question19:-*Sadyo harathi doshanam mahanthamapi sanchayam* is said for

A:-Tilwaka

B:-Sudha

C:-Dhamargava

D:-Dravanthi

Correct Answer:- Option-B

Question20:-The condition of the body that favours samyak virechana

A:-Bahu kapha

B:-Alpa pitha

C:-Alpa vatha

D:-Manda kapha

Correct Answer:- Option-D

Question21:-The no. of vegas in pravara sudhi of virechana

A:-10

B:-30

C:-40

D:-20

Correct Answer:- Option-B

Question22:-Kapha pitha vatha kopa is described in which among the following ?

A:-Ayoga of vamana

B:-Ayoga of virechana

C:-Athiyoga of vamana

D:-Athiyoga of virechana

Correct Answer:- Option-B

Question23:-No. of anuvasana vasthi advised in vatha dosha

A:-3

B:-7

C:-9-11

D:-5-7

Correct Answer:- Option-C

Question24:-After virechana, niruha vasthi should not administered for \_\_\_\_\_ days.

A:-7

B:-9

C:-5

D:-14

Correct Answer:- Option-A

Question25:-The anupana advised for majja snehapana

A:-Ushnodaka

B:-Mamsarasa

C:-Yusha

D:-Manda

Correct Answer:- Option-D

Question26:-The kalka of bala guloochyadi vasthi does not include \_\_\_\_\_ as kalka.

A:-Vacha

B:-Madhuka

C:-Madanaphala

D:-Vilwa

Correct Answer:- Option-B

Question27:-The quantity of Madhu in ksheera vasthi

A:-pala

B:-2 pala

C:-4 pala

D:-madhu is not an ingredient

Correct Answer:- Option-B

Question28:-The taila advised for anuvasana in pitha dosha

A:-Pinda taila

B:-Vilwa taila

C:-Sathahwadi taila

D:-None of the above

Correct Answer:- Option-D

Question29:-No. of vyapaths enumerated for Sneha vasthi

A:-6

B:-20

C:-10

D:-7

Correct Answer:- Option-A

Question30:-Signs of *ama* will occur in which vyapath of Sneha vasti ?

A:-Kaphavrutha

B:-Annavrutham

C:-Abukthapranidanam

D:-None of the above

Correct Answer:- Option-B

Question31:-The frequency of anuvasana vasthi other than rooksha, deepthagni, vyayama seelina, and vatamayi

A:-Daily

B:-Every 3rd day

C:-Every 2nd day

D:-Every 7th day

Correct Answer:- Option-B

Question32:-The netra dosha Sithila bandhana causes \_\_\_\_\_ vyapath.

A:-Srava

B:-Kshoba

C:-Guda peeda

D:-Aprapthi

Correct Answer:- Option-A

Question33:-The upakrama advised for sneholklishta

A:-Niruha vasthi

B:-Sneha virechana

C:-Rooksha virechana

D:-Siro virechanam

Correct Answer:- Option-C

Question34:-Pick the sign of drug digestion (jeerna oushada linga)

A:-Deepthagni

B:-Siro ruk

C:-Sadam

D:-Vatanulomyam

Correct Answer:- Option-D

Question35:-Admanam is a vyapath of

A:-Virechana

B:-Niruha vasthi

C:-Vamana

D:-All the above

Correct Answer:- Option-D

Question36:-Syamaphaladi guda varthi is indicated for \_\_\_\_\_ vasti vyapath.

A:-Hikka

B:-Hrit prapthi

C:-Urdhwata

D:-Admanam

Correct Answer:- Option-D

Question37:-Puga phala with sour juice is described for \_\_\_\_\_ vasti vyapath.

A:-Urdwata

B:-Pravahika

C:-Parikarthika

D:-Parisrava

Correct Answer:- Option-A

Question38:-The vasthi administered to counteract the adverse effect of previous vasti is called

A:-Uthara asthapanam

B:-Pratyasthapanam

C:-Dasamoolika nuruha

D:-Kshara vasti

Correct Answer:- Option-B

Question39:-The vasthi recipe that contains rasna, vaca, bilwa, satahwa, ela, puthika, krishna, madanaphala, daru, kushta, saindava, sour liquids, warm water and oil is called

A:-Rasnadi asthapanam vasti

B:-Amla vasti

C:-Churna vasti

D:-Mutra vasti

Correct Answer:- Option-C

Question40:-Which among the following can be used as avapa in vasthi ?

A:-Kushta

B:-Honey

C:-Suradharu

D:-All the above

Correct Answer:- Option-D

Question41:-Alavana Niruha (niruha without lavana) is indicated in

A:-Vridha (old age)

B:-Infants (sisu)

C:-Both 1 and 2

D:-Parikarthika

Correct Answer:- Option-B

Question42:-Which statement is correct regarding the order of rasa in peyadikrama ?

A:-Amla, madura-amla lavana-madura thikta

B:-Amla, katu-madura thikta-lavana, kashaya

C:-Amla, kashaya-katu thikta, madura lavana

D:-Amla, lavana-katu thikta-madura, kashaya

Correct Answer:- Option-A

Question43:-Pick the prakruthi gatha purusha lakshana

A:-Sarva kshama

B:-Sthiredriya

C:-Balavan

D:-All the above

Correct Answer:- Option-D

Question44:-Dosha samantwa of tapa sweda as per susrutha

A:-Vatha

B:-Vatha kapha

C:-Kapha

D:-None of the above

Correct Answer:- Option-C

Question45:-Example for a Padaheena nirooha

A:-Ksheera vasthi

B:-Vaitharana vasthi



C:-Madhutailika vasthi

D:-None of the above

Correct Answer:- Option-C

Question46:-Tila draksha kalka pralepana is advised in

A:-if the tongue gets drawn inside

B:-if the tongue protruded out

C:-if guda protruded out

D:-moorcha occurring during nasya

Correct Answer:- Option-B

Question47:-Plan for fire and none fire emergencies included in

A:-COP

B:-FMS

C:-HRM

D:-AAC

Correct Answer:- Option-B

Question48:-Code blue refers to

A:-Medical emergency

B:-Child abduction

C:-Fire emergency

D:-None of the above

Correct Answer:- Option-A

Question49:-Trolley track sign is seen in

A:-Ankylosing spondylitis

B:-Spondylolisthesis

C:-Rotator cuff injuries

D:-Cauda equina syndrome

Correct Answer:- Option-A

Question50:-DAS 28 score is a measure of disease activity in

A:-Rheumatoid arthritis

B:-Ankylosing spondylitis

C:-Rheumatic fever

D:-Systemic lupus erythematosus

Correct Answer:- Option-A

Question51:-Common site for neoplasm in alimentary tract

A:-stomach

B:-mouth

C:-oesophagus

D:-colon

Correct Answer:- Option-B

Question52:-Involuntary discharge of rectal contents is termed as

A:-Pseudo diarrhoea

B:-Irritable bowel syndrome

C:-Fecal incontinence

D:-None of the above

Correct Answer:- Option-C

Question53:-Passage of bright red or maroon coloured blood through rectum

A:-Hematemesis

B:-Melena

C:-Hematochezia

D:-None of the above

Correct Answer:- Option-C

Question54:-Amount of blood in stool necessary to cause melena

A:-50-60 ml

B:-30-40 ml

C:-40-50 ml

D:-20-30 ml

Correct Answer:- Option-A

Question55:-Which among the following statement is false with regard to Mallory Weiss Syndrome ?

A:-Laceration in the mucus membrane

B:-It is an important cause for upper gastrointestinal bleed

C:-It is an important cause for lower gastrointestinal bleed

D:-It frequently occurs due to alcoholism

Correct Answer:- Option-C

Question56:-The angina which is precipitated by coronary artery spasm

A:-Stable angina

B:-Unstable angina

C:-Prinzmetals angina

D:-None of the above

Correct Answer:- Option-C

Question57:-Rate of chest compressions in CPR

A:-60/minute

B:-100/minute

C:-30/minute

D:-50/minute

Correct Answer:- Option-B

Question58:-In ankylosing spondylitis the progression of disability can be assessed by

A:-DAS-28 score

B:-Schobers test

C:-Femoral nerve stretch

D:-None of the above

Correct Answer:- Option-B

Question59:-The test that detects the presence of antibodies on the surface of erythrocytes

A:-Coombs test

B:-Flow cytometry

C:-Buffy coat smear

D:-None of the above

Correct Answer:- Option-A

Question60:-Whipples triad is

A:-Classical hypoglycemic syndrome

B:-Melena, obstructive jaundice, biliary colic

C:-Eczema, allergic rhinitis, bronchitis

D:-None of the above

Correct Answer:- Option-A

Question61:-Oliguria is termed when the urine output is below \_\_\_\_\_ ml in 24 hours.

A:-400 ml

B:-200 ml

C:-600 ml

D:-100 ml

Correct Answer:- Option-A

Question62:-When the urinary loss of albumin ranges from \_\_\_\_\_ microalbuminuria occurs.

A:-10-100 mcg/minute

B:-20-200 mcg/minute

C:-30-300 mcg/minute

D:-40-400 mcg/minute

Correct Answer:- Option-B

Question63:-Normal value of serum sodium level

A:-140-145

B:-135-145

C:-130-135

D:-115-120

Correct Answer:- Option-B

Question64:-Wernicke's aphasia is

A:-Motor aphasia

B:-Sensory aphasia

C:-Global aphasia

D:-All the above

Correct Answer:- Option-B

Question65:-Involuntary abrupt brief and rapid jerking movement of a part of muscle, entire muscle or a group of muscle

A:-Athetosis

B:-Hemiballismus

C:-Dystonia

D:-Myoclonus

Correct Answer:- Option-D

Question66:-Which among the following statement is false with respect to virechana ?

A:-The drug which is satmya to the body should not used for virechana

B:-The person who has undergone virechana should follow all paschatkarma mentioned for vamana

C:-If bouts are not commencing after the administration of virechana oushada, warm water and swedana over abdomen can be done

D:-Virechana oushadas eliminates doshas during the digestion of the medicine

Correct Answer:- Option-B

Question67:-A tool used to measure the severity and extent of psoriasis

A:-PASI score

B:-UPDRS scale

C:-SOFA

D:-Q SOFA

Correct Answer:- Option-A

Question68:-Tarpanadi krama is indicated for

A:-Madyapa

B:-In vatapitha dominance

C:-Little quantity of kapha and pitha is expelled out

D:-All the above

Correct Answer:- Option-D

Question69:-The treatment procedure advised for jwaraksheena

A:-Snehapana

B:-Vamana

C:-Virechana

D:-Ksheeravasthi

Correct Answer:- Option-D

Question70:-The treatment procedure advised in pitha kasa with tanu kapha

A:-Dhoomapana

B:-Vamana

C:-Virechana

D:-Niruha vasthi

Correct Answer:- Option-C

Question71:-Avapeedaka snehapana is indicated in

A:-Adhonabhigata vata roga

B:-Raktarsas

C:-Mutravegarodhajanya vikara

D:-All the above

Correct Answer:- Option-D

Question72:-The treatment advised in arso rogi who has udavartha janya samprapthi

A:-Anuvasana vasthi

B:-Gudavarthi

C:-Niruha vasthi

D:-Virechana

Correct Answer:- Option-A

Question73:-The main virechana drug in manibadragulam

A:-Danthi

B:-Aragwada

C:-Trivruth

D:-Abhaya

Correct Answer:- Option-C

Question74:-The dosage of Prathimarsa nasya

A:-2 drops

B:-1 drop

C:-4 drops

D:-2 bindu

Correct Answer:- Option-D

Question75:-Pick the quality of sthambhana dravya

A:-Guru

B:-Theekshna

C:-Ushna

D:-Rooksha

Correct Answer:- Option-D

Question76:-Which among the following is not ushma sweda ?

A:-Jenthaka sweda

B:-Kutee sweda

C:-Ghanasma sweda

D:-None of the above

Correct Answer:- Option-D

Question77:-*Jeerne anne \_\_\_\_\_ yojyam, kaphe jeerne \_\_\_\_\_*

A:-Vamana, virechana

B:-Virechana, vamana

C:-Vamana, snehapana

D:-Nirooha vasthi, sneha vasthi

Correct Answer:- Option-A

Question78:-*\_\_\_\_\_ hi swasthanaad doshanam pravruithi viramopalakshitha.*

A:-Anthiki

B:-Samyak yoga

C:-Vega

D:-Vamana

Correct Answer:- Option-C

Question79:-The treatment advised in Apabahukam

A:-Vamana

B:-Virechana

C:-Nasya

D:-Nasya and uthara bhakthika snehapana

Correct Answer:- Option-D

Question80:-The liquid used for the cleansing jalouka

A:-Turmeric water

B:-Avanthisoma

C:-Takra

D:-All the above

Correct Answer:- Option-D

Question81:-The symptoms of proper rookshana will be similar to

A:-Samyak langhana lakshana

B:-Samyak sthamabhana lakshana

C:-Samyak swedana lakshana

D:-None of the above

Correct Answer:- Option-A

Question82:-The Sneha advised in krura koshta as per Vagbhata

A:-Gritha

B:-Taila

C:-Vasa

D:-Majja

Correct Answer:- Option-B

Question83:-The type of nasya advised for Sooryavartha

A:-Avapeedaka nasya

B:-Bruhmana nasya

C:-Samana nasya

D:-None of the above

Correct Answer:- Option-B

Question84:-Daily changing of pottali required in

A:-Anda sweda

B:-Shashtika sali pinda sweda

C:-Dhanyamla nimajjitha pottali sweda

D:-All the above

Correct Answer:- Option-D

Question85:-Which among the following is not an ingredient in jambeera pinda sweda ?

A:-Methila

B:-Suthapushpa

C:-Turmeric

D:-Grated coconut

Correct Answer:- Option-D

Question86:-The best drug among theeksna virechana

A:-Danthi

B:-Sapthala

C:-Trivruth

D:-Snuhi

Correct Answer:- Option-D

Question87:-The maximum dose of Niruha vasthi

A:-16 pala

B:-24 pala

C:-10 prasrutha

D:-18 pala

Correct Answer:- Option-B

Question88:-Moordha taila include

A:-Sirovasthi

B:-Sirodhara

C:-Siroabhyanga

D:-All the above

Correct Answer:- Option-D

Question89:-Age limit prescribed for nasya

A:-No age limit

B:-Less than 10 years more than 70 years

C:-Less than 7 years and more than 80 years

D:-Less than 10 years and more than 80 years

Correct Answer:- Option-C

Question90:-Compression to which nerve occurs in Carpal Tunnel Syndrome ?

A:-Ulnar nerve

B:-Median nerve

C:-Radial nerve

D:-Musculo cutaneous

Correct Answer:- Option-B

Question91:-Which is not a vicharana snehapana ?

A:-Vilepi

B:-Yusha

C:-Utharavasthi

D:-None of the above

Correct Answer:- Option-D



Question92:-\_\_\_\_\_ is used to assess the grip strength.

A:-Goniometer

B:-Dynamometer

C:-MRC grade

D:-All the above

Correct Answer:- Option-B

Question93:-Which among the following is not included in petrissage group ?

A:-Kneading

B:-Wringing

C:-Shaking

D:-None of the above

Correct Answer:- Option-D

Question94:-\_\_\_\_\_ is deep stroking.

A:-Petrissage

B:-Effleurage

C:-Kneading

D:-All the above

Correct Answer:- Option-B

Question95:-Varus stress test in physiotherapy is for the diagnosis of injury of

A:-Rotator cuff

B:-Achilles tendon

C:-Lateral collateral ligament

D:-All the above

Correct Answer:- Option-C

Question96:-Physiotherapy techniques in copd include

A:-Active cycle of breathing

B:-Postural drainage

C:-Humidification

D:-All the above

Correct Answer:- Option-D

Question97:-Ullekhana means

A:-Vamana

B:-Virechana

C:-Vasthi

D:-Sneha vasthi

Correct Answer:- Option-A

Question98:-Dosage of madanaphalapippali

A:-Antharnakha mushti

B:-1 pala

C:-Half pala

D:-2 pala

Correct Answer:- Option-A

Question99:-The paka of taila used for nasya

A:-Khara

B:-Madhyama

C:-Chikkana

D:-None of the above

Correct Answer:- Option-D

Question100:-Example for an anulomana drug

A:-Aragwada

B:-Trivruth

C:-Katuki

D:-Abhaya

Correct Answer:- Option-D