

**149/2023**

Maximum : 100 marks

Time : 1 hour and 30 minutes

1. Elizabethan Poor Law of 1601 was the foundation of the \_\_\_\_\_ concept of social welfare :  
(A) Institutional (B) Curative  
(C) Residual (D) Preventive
2. Which is not the NASW value?  
(A) Service (B) Social justice  
(C) Integrity (D) Charity
3. What is the process through which social policy is transformed into social service?  
(A) Social work research (B) Social welfare administration  
(C) Social Case work (D) Social Group work
4. \_\_\_\_\_ theories explain the structure and dynamics of person's experiences within socio political and interpersonal sexual hierarchies.  
(A) Developmental (B) Feminist  
(C) Psychodynamic (D) Conflict
5. \_\_\_\_\_ function assist individuals and groups to identify and resolve or minimize the problems arising out of a disequilibrium between themselves and the environment.  
(A) Preventive (B) Remedial  
(C) Developmental (D) Correctional
6. The statement, 'What do you mean when you use the word....?'. This is an example of the interviewing skill :  
(A) Interrogation (B) Questioning  
(C) Paraphrasing (D) Clarification
7. Which principle of case work is related to the statement "case work function excludes assigning guilt or innocence or degree of client responsibility of causation of problems"?  
(A) Individualization (B) Non-judgemental attitude  
(C) Confidentiality (D) Controlled Emotional Involvement

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8. Which one of the following is not a defense mechanism?
- (A) Sublimation (B) Rationalisation  
(C) Projection (D) Confrontation
9. Crisis intervention is a :
- (A) Remedial Model (B) Restorative Model  
(C) Preventive Model (D) All of these
10. Case worker-client relationship is the crux of :
- (A) Psychosocial case work (B) Person centered case work  
(C) Existential case work (D) All of these
11. Groups such as Alcoholics Anonymous support groups are examples of :
- (A) Focus groups (B) Self-help groups  
(C) Task groups (D) Decision making groups
12. A sociogram is a visual depiction of :
- (A) Relationship between group members (B) Group culture  
(C) Morale of the group members (D) None of the above
13. The forces acting on members to remain in a group is called :
- (A) Group culture (B) Group interaction  
(C) Subgroups (D) Group cohesion
14. Which group work process stage is also known as contract stage?
- (A) Intervention (B) Evaluation  
(C) Goal setting (D) Intake
15. The interaction pattern that occurs when group members take turns talking is known as :
- (A) Hot seat (B) Round Robin  
(C) Maypole (D) Free floating
16. Status acquired by birth is termed as :
- (A) Ascribed Status (B) Multiple Statuses  
(C) Achieved Status (D) Key Status

17. Which of the following theoretical perspective of sociology focuses primarily on social order and stability?
- (A) Functionalist (B) Conflict  
(C) Interactionist (D) All the three
18. \_\_\_\_\_ is the stripping away of learned patterns and substitution of new ones for them.
- (A) Anticipatory socialisation (B) Primary socialisation  
(C) Developmental socialisation (D) Re-socialisation
19. \_\_\_\_\_ is used as a unique method in Family therapy.
- (A) Circular questioning (B) Observation  
(C) Projective techniques (D) Behaviour assessment
20. \_\_\_\_\_ is any organized effort to provide family members with information, skills, experiences, or resources intended to strengthen, improve or enrich their family experience.
- (A) Family coaching (B) Psychosocial intervention  
(C) Family life education (D) Family therapy
21. What is the primary objective of the RPWD Act 2016?
- (A) Ensuring inclusive education for persons with disabilities.  
(B) Providing financial assistance to persons with disabilities.  
(C) Promoting employment opportunities for persons with disabilities.  
(D) Protecting the rights and ensuring the full participation of persons with disabilities.
22. Which of the following conditions is NOT a legal ground for obtaining an abortion under the MTP Act 1971?
- (A) Risk to the physical or mental health of the pregnant woman.  
(B) Rape or incest leading to the pregnancy.  
(C) Presence of fetal abnormalities or genetic disorders.  
(D) Socio-economic factors and financial constraints.
23. What is the maximum gestational age limit within which an abortion can be performed under the MTP Act 1971 without the approval of a medical board?
- (A) 12 weeks (B) 20 weeks  
(C) 24 weeks (D) 28 weeks

24. Which of the following offenses is covered under the PCPNDT Act 1994?

- (A) Promotion of prenatal care and healthcare awareness.
- (B) Unauthorized sale of prenatal vitamins and supplements.
- (C) Female feticide and determination of the sex of the fetus.
- (D) Providing prenatal counseling and support services.

25. Assertion : The Biomedical Waste Management and Handling Rules, 1998, provide guidelines for the proper management and disposal of biomedical waste in India.

Statement: The Biomedical Waste Management and Handling Rules, 1998, mandate the segregation, collection, storage, transportation, and treatment of biomedical waste.

Which of the following options best describes the relationship between the assertion and the statement?

- (A) Both the assertion and the statement are true, and the statement is the correct explanation of the assertion.
- (B) Both the assertion and the statement are true, but the statement is not the correct explanation of the assertion.
- (C) The assertion is true, but the statement is false.
- (D) The assertion is false, but the statement is true.

26. Assertion : The Protection of Children from Sexual Offences(POCSO) Act is a legal framework in India that aims to protect children from sexual abuse and exploitation.

Statement: The POCSO Act provides legal provisions for the mandatory reporting of child sexual abuse cases and the establishment of special courts for the speedy trial of such offenses.

Which of the following options best describes the relationship between the assertion and the statement?

- (A) Both the assertion and the statement are true, and the statement is the correct explanation of the assertion.
- (B) Both the assertion and the statement are true, but the statement is not the correct explanation of the assertion.
- (C) The assertion is true, but the statement is false.
- (D) The assertion is false, but the statement is true.

27. Erik Erikson's psychosocial theory of development includes stages that span across the lifespan. Which of the following represents a correctly matched stage and its associated conflict?
- (A) Autonomy vs. Shame and Doubt – Adolescence
  - (B) Initiative vs. Guilt – Early Adulthood.
  - (C) Generativity vs. Stagnation – Middle Adulthood.
  - (D) Integrity vs. Despair – Early Childhood.
28. According to Jean Piaget's cognitive development theory, which of the following represents the correct order of Piaget's stages of cognitive development?
- (A) Concrete Operational -> Sensorimotor -> Formal Operational -> Preoperational
  - (B) Sensorimotor -> Preoperational -> Concrete Operational -> Formal Operational
  - (C) Preoperational -> Sensorimotor -> Concrete Operational -> Formal Operational
  - (D) Formal Operational -> Sensorimotor -> Preoperational -> Concrete Operational
29. Lawrence Kohlberg's theory of moral development consists of three levels of moral reasoning. Which of the following represents a correctly matched level and its associated focus?
- (A) Preconventional Level – Social Contracts and Individual Rights
  - (B) Conventional Level – Postconventional Morality
  - (C) Postconventional Level – Obedience and Punishment Orientation
  - (D) Preconventional Level – Universal Principles of Justice
30. The concept of “nature versus nurture” has long been debated in developmental psychology. Which of the following statements best represents the current understanding of the nature-nurture debate?
- (A) Nature exclusively determines human behavior and development.
  - (B) Nurture exclusively determines human behavior and development.
  - (C) Both nature and nurture interact and contribute to human behavior and development.
  - (D) Nature and nurture have no significant impact on human behavior and development.
31. Puberty is a period of rapid physical and hormonal changes that mark the onset of sexual maturity. Which of the following is a primary sex characteristic that develops during puberty?
- (A) Growth of facial hair in males
  - (B) Deepening of the voice in females
  - (C) Development of breasts in females
  - (D) Increase in height in both males and females

32. Which of the following statements accurately represents a key aspect of old age development?
- (A) Old age is characterized by a decline in cognitive abilities and an inability to learn new information.
  - (B) The physical health of individuals in old age is typically better than in middle adulthood due to increased resilience.
  - (C) Old age is a time of stagnation and disengagement from social activities and relationships.
  - (D) Older adults experience a shift in priorities, focusing more on emotional well-being and fulfilling personal goals.
33. Which of the following vitamins is essential for the absorption of calcium and phosphorus in the body?
- (A) Vitamin A
  - (B) Vitamin C
  - (C) Vitamin D
  - (D) Vitamin E
34. Which of the following micronutrient deficiencies is most prevalent among children in India?
- (A) Iron deficiency
  - (B) Vitamin D deficiency
  - (C) Vitamin B12 deficiency
  - (D) Zinc deficiency
35. Which of the following are NOT true about “Quinoa”?
- (A) Quinoa is a plant-based source of protein
  - (B) Contains all nine essential amino acids needed by the human body
  - (C) A gluten-free source of carbohydrates
  - (D) All of these are correct
36. Which of the following dairy products is a good source of calcium?
- (A) Butter
  - (B) Yogurt
  - (C) Cream cheese
  - (D) Whipped cream
37. Which of the following factors contributes to the persistence of malnutrition in India?
- (A) Insufficient food production
  - (B) Lack of awareness about nutrition
  - (C) Poor sanitation and hygiene practices
  - (D) All of the above

38. Assertion : Iron deficiency can lead to anaemia, characterized by fatigue, weakness, and shortness of breath.
- Statement: Good dietary sources of iron include red meat, spinach, and lentils.
- (A) Both the assertion and statement are true, and the statement is the correct explanation of the assertion.
  - (B) Both the assertion and statement are true, but the statement is not the correct explanation of the assertion.
  - (C) The assertion is true, but the statement is false.
  - (D) The assertion is false, but the statement is true.
39. Health is influenced by various factors. Which of the following represents a social determinant of health?
- (A) Genetic makeup
  - (B) Access to healthcare services
  - (C) Personal hygiene habits
  - (D) Environmental pollution
40. The Ottawa Charter for Health Promotion identifies three basic strategies for improving health. Which of the following is not one of those strategies?
- (A) Strengthening community actions
  - (B) Building healthy public policies
  - (C) Enhancing individual genetics
  - (D) Creating supportive environments
41. Health indicators are measurements used to assess the health status of populations. Which of the following indicators is used to measure the burden of disease in a population?
- (A) Infant mortality rate
  - (B) Life expectancy at birth
  - (C) Disability-Adjusted Life Years(DALYs)
  - (D) Gross Domestic Product (GDP)
42. The Human Development Index (HDI) is a composite indicator that measures the overall development of a country. Which of the following factors are included in the calculation of HDI?
- (A) Life expectancy at birth, education, and income per capita
  - (B) Access to healthcare facilities, literacy rate, and GDP
  - (C) Poverty rate, unemployment rate, and environmental sustainability
  - (D) Mortality rate, education expenditure, and gender equality index

43. Assertion : An outbreak refers to the sudden increase in the number of cases of a disease within a specific geographic area.
- Statement: An epidemic refers to the constant presence of a disease within a particular population or geographic area.
- (A) Both the assertion and statement are true, and the statement is the correct explanation of the assertion.
  - (B) Both the assertion and statement are true, but the statement is not the correct explanation of the assertion.
  - (C) The assertion is true, but the statement is false.
  - (D) The assertion is false, but the statement is true.
44. Which of the following are NOT considered to be metabolic risk factors of NCDs?
- (A) Raised Blood Pressure
  - (B) Overweight/Obesity
  - (C) Hyperglycemia
  - (D) All these are correct
45. Medical social workers play an important role in healthcare settings. Which of the following best describes the primary focus of their work?
- (A) Providing medical treatment to patients
  - (B) Conducting research on medical conditions
  - (C) Advocating for patient's rights and access to care
  - (D) Administering medications to patients
46. Medical social workers assess the psychosocial needs of patients. Which of the following factors is not typically considered as part of a psychosocial assessment?
- (A) Cultural background
  - (B) Family support system
  - (C) Genetic predisposition
  - (D) Economic resources
47. An individual care plan in medical social work is :
- (A) A document that outlines the medical diagnosis of a patient.
  - (B) A legal document that provides consent for medical treatment.
  - (C) A comprehensive plan that addresses the unique needs of a patient.
  - (D) A financial plan that covers the cost of medical treatment.



48. Which of the following statements accurately reflects the purpose of case recording in medical social work?
- (A) Case recording is primarily used for administrative purposes and has little relevance to direct client care.
  - (B) Case recording is a legal requirement to maintain client confidentiality and should include every detail of the client's personal life.
  - (C) Case recording serves as a comprehensive and organized documentation of client assessments, interventions, and progress.
  - (D) Case recording is optional and can be skipped if the social worker has a good memory and can recall client information accurately.
49. Autopsy is a medico-legal procedure performed to :
- (A) Determine the cause of death.
  - (B) Investigate allegations of medical negligence.
  - (C) Assess a patient's mental health status.
  - (D) Collect medical evidence for legal proceedings.
50. Conflict resolution is a common challenge within multidisciplinary teams. Which of the following strategies is recommended for managing conflicts in a health setting?
- (A) Ignoring conflicts and focusing solely on patient care
  - (B) Relying on a hierarchical approach with a designated leader making all decisions.
  - (C) Encouraging open and respectful communication to address conflicts constructively
  - (D) Minimizing diversity within the team to avoid potential conflicts.
51. People have a tendency to bias our descriptions of people by their general liking for them. This is called :
- (A) Halo effect
  - (B) Barnum effect
  - (C) Hardiness
  - (D) Situational effect
52. According to Allport \_\_\_\_\_ trait dominates a personality so much that it influences nearly everything a person does.
- (A) Central
  - (B) Cardinal
  - (C) Secondary
  - (D) Surface

53. What does it mean when you say that there is little cross-situational consistency?
- (A) People's behavior does not vary from situation to situation
  - (B) People are expected to be consistent in their behavior
  - (C) People show different or some behavior in some situations
  - (D) People's behavior varies greatly from situation to situation
54. Match the following theories and theorists
- |                               |                                    |
|-------------------------------|------------------------------------|
| (a) Five factor model         | (i) Jerry Wiggins                  |
| (b) Sixteen factor model      | (ii) Hans Eysenck                  |
| (c) Three factor model        | (iii) Paul Costa and Robert McCrae |
| (d) Interpersonal trait model | (iv) Raymond Cattell               |
- |  |  |
|--|--|
| (A) (a)-(iii), (b)-(iv), (c)-(ii), (d)-(i) | (B) (a)-(iv), (b)-(iii), (c)-(i), (d)-(ii) |
| (C) (a)-(iii), (b)-(iv), (c)-(i), (d)-(ii) | (D) (a)-(iv), (b)-(iii), (c)-(ii), (d)-(i) |
55. According to Jung, archetypes are :
- |                   |                |
|-------------------|----------------|
| (A) Personal      | (B) Individual |
| (C) Transpersonal | (D) Conscious  |
56. According to Erikson which is the stage that the individual comes to value a giving of self to others
- |                            |                                      |
|----------------------------|--------------------------------------|
| (A) Integrity vs. despair  | (B) Generativity vs. stagnation      |
| (C) Intimacy vs. isolation | (D) Identity vs. identity conclusion |
57. A college student date-raped at a party might develop a 'personality' that fears college social events that involve alcohol. Which personality theory best explains this:
- |                      |                 |
|----------------------|-----------------|
| (A) Psychoanalytical | (B) Trait       |
| (C) Cognitive        | (D) Behaviorist |
58. Which among the following is the correct explanation for learned helplessness?
- (A) Repeated exposure to avoidable punishment leaves an organism to accept punishment even when it is avoidable
  - (B) Repeated exposure to unavoidable punishment leaves an organism to accept punishment even when it is avoidable
  - (C) Repeated exposure to unavoidable punishment leaves an organism to accept punishment even when it is unavoidable
  - (D) None of the above

59. On whose theory is the Myers Brigg's Type Indicator based?
- (A) Eysenk (B) Cattell  
(C) Jung (D) Alport
60. In Maslow's hierarchy of needs which needs come above self-actualization needs.
- (A) Transcendence needs (B) Aesthetic needs  
(C) Cognitive needs (D) Love needs
61. \_\_\_\_\_ examines how perceptual performance is based on expectations.
- (A) Psycho physics (B) Expectancy theory  
(C) Signal detection theory (D) Adaptive control of thought
62. \_\_\_\_\_ incorporates the general idea that incoming stimuli are subjected to a series of analysis starting with shallow sensory analysis and proceeding to deeper analysis.
- (A) Information processing (B) Levels of processing  
(C) Dualistic processing (D) Multi memory processing
63. Match the following :
- |  |  |
|--|--|
| (a) Episodic memory                        | (i) Mental thesaurus                       |
| (b) Semantic memory                        | (ii) Memory for motor skills               |
| (c) Procedural memory                      | (iii) Knowledge of the world               |
| (d) Declarative memory                     | (iv) Memory for past happenings            |
| (A) (a)-(iv), (b)-(i), (c)-(ii), (d)-(iii) | (B) (a)-(iii), (b)-(ii), (c)-(i), (d)-(iv) |
| (C) (a)-(iv), (b)-(i), (c)-(iii), (d)-(ii) | (D) (a)-(i), (b)-(iv), (c)-(iii), (d)-(ii) |
64. In binocular convergence stimulus appear closer when:
- (A) Eyes relaxed outward towards ear  
(B) Low discrepancy between image seen between left and right eye  
(C) High discrepancy between image seen between left and right eye  
(D) Eyes feel tug inward toward nose
65. \_\_\_\_\_ occurs when recognition of certain stimuli is affected by prior presentation of the same or similar stimuli.
- (A) Conditioning (B) Prototyping  
(C) Priming (D) Blocking

66. Processes that require intentional effort and full conscious awareness
- (A) Conscious processes
  - (B) Unconscious processes
  - (C) Controlled processes
  - (D) Automatic processes
67. Becoming accustomed to a stimulus so that we gradually pay less and less attention to it.
- (A) Habituation
  - (B) Dishabituation
  - (C) Adaptation
  - (D) Arousal
68. Which among the following is a false negative?
- (A) Hit
  - (B) False alarm
  - (C) Miss
  - (D) Correct rejection
69. Superior recall of words at and near the beginning of a list
- (A) Primacy effect
  - (B) Proximal effect
  - (C) Nearness effect
  - (D) Recency effect
70. Transience, absent mindedness, blocking, misattribution, persistence are all :
- (A) Learning problems
  - (B) Memory distortions
  - (C) Intellectual difficulty
  - (D) Motivation issues
71. What is it when a competitor say 'I am glad to beat you', when what was actually intended was 'I am to meet you'?
- (A) Conversational postulates
  - (B) Metaphorical language
  - (C) Slip of the tongue
  - (D) Language mixture
72. A test is said to be consistent over a given period of time when:
- (A) All the examinees retain their same relative ranks of two separate testings with the same test
  - (B) The examinees who obtain high score on a set of items also score high on an equivalent set of items
  - (C) The examinees who obtain low score on a set of items also score low on equivalent set of items
  - (D) All the above

73. Homogeneity of the test is indicated in which type of reliability?
- (A) Test retest reliability
  - (B) Internal consistency reliability
  - (C) Alternate forms reliability
  - (D) Scorer reliability
74. The longer the test :
- (A) More reliable and less valid it becomes
  - (B) Less reliable and more valid it becomes
  - (C) Less reliable and less valid it becomes
  - (D) More reliable and more valid it becomes
75. \_\_\_\_\_ norms are most suited to those traits or abilities which increase systematically with age.
- (A) Age equivalent norms
  - (B) Percentile norms
  - (C) Standard score norms
  - (D) Grade equivalent norms
76. Who among the following defined intelligence as general intellectual capacity?
- (A) Boring
  - (B) Binet
  - (C) Thurston
  - (D) Guilford
77. Which is the first individual intelligence test?
- (A) Army alpha test
  - (B) Stanford - Binet scale
  - (C) Wechsler - Bellevue scale
  - (D) Binet - Simon scale
78. Which among the following is the equation for IQ?
- (A)  $100/MA \times CA$
  - (B)  $100/CA \times MA$
  - (C)  $CA/MA \times 100$
  - (D)  $MA/CA \times 100$
79. \_\_\_\_\_ is a test that measures the extent to which a person has acquired certain information or proficiency as a function of instruction or training.
- (A) Intelligence test
  - (B) Aptitude test
  - (C) Achievement test
  - (D) Personality test

80. Torrance test of creativity gives three scores to each examinee. Which are they?
- (A) Fluency, Flexibility, Convergence
  - (B) Fluency, Flexibility, Divergence
  - (C) Fluency, Flexibility, Originality
  - (D) Fluency, Flexibility, Novelty
81. Which of the following is not a features of psychotherapy?
- (A) Produce symptomatic and temporary change
  - (B) Requires substantial time commitment
  - (C) Originally closely associated with medical profession
  - (D) Involves working through unconscious conflict
82. Which of the following is considered as a higher ordered level of emotional expression and a sign of increasing levels of self actualisation which is the ultimate goal of counselling.
- (A) Self-Disclosure
  - (B) Advanced empathy
  - (C) Immediacy
  - (D) Focusing
83. In gestalt counselling contact boundary disturbances between self and outside world in which a person agree with another to the extent that boundary is blurred is known as :
- (A) Deflection
  - (B) Confluence
  - (C) Retroflection
  - (D) Introjection
84. The therapy which help to eliminate client's irrational and self-defeating outlook on life and replace it with a more tolerant and rational one.
- (A) Reality therapy
  - (B) Gestalt therapy
  - (C) RET
  - (D) Existential therapy
85. A T-group that focuses on personal and interpersonal issues and on personal growth of the individual.
- (A) Encounter groups
  - (B) Sensitivity groups
  - (C) Task groups
  - (D) Minigroups
86. The method used to assist clients to become free of scripts and games in their interactions.
- (A) TA
  - (B) Psychodrama
  - (C) Gestalt counselling
  - (D) Adlerian counselling

87. Which of the following is not a barrier to effective communication in counselling?  
(A) Giving advice (B) Offering solutions  
(C) Reassuring (D) Confrontation
88. Which of the following characteristic of client is favorable for behavioral counselling?  
(A) Having a personality problem  
(B) Lacking self insight  
(C) Want to change a discrete and limited number of behaviours  
(D) Not being action oriented
89. In Existential counselling the world of the client is referred to as :  
(A) Existence world  
(B) Actualisation world  
(C) Humanistic world  
(D) Phenomenological world
90. Which of the following is an exemption to ethical principles of confidentiality?  
(A) Client is skipping sessions  
(B) Client's parents asked for disclosure  
(C) Head of institution asked for disclosure  
(D) Legal authorities asked for disclosure
91. The disorder characterized by a preponderance of atrophy in the frontotemporal regions.  
(A) Alzheimer's disease (B) Pick's disease  
(C) Huntington's disease (D) Vascular dementia
92. The type of schizophrenia characterized by motoric immobility or stupor.  
(A) Catatonic type (B) Paranoid type  
(C) Disorganized type (D) Undifferentiated type
93. Which of the following predict good prognosis of schizophrenia?  
(A) Young onset (B) Late onset  
(C) Insidious onset (D) No precipitating factors

94. Which is a positive symptom of schizophrenia?  
(A) Poor eye contact (B) Alogia  
(C) Apathy (D) Delusions
95. A condition that may not coexist with mood disorder.  
(A) Anxiety (B) Alcoholism  
(C) Medical conditions (D) Paranoia
96. Which among the following is not an anxiety disorder?  
(A) OCD (B) Phobia  
(C) Fugue (D) GAD
97. Panic disorder is often accompanied by:  
(A) Acrophobia (B) Agoraphobia  
(C) Astraphobia (D) Algophobia
98. The most common of paraphilia is:  
(A) Pedophilia (B) Exhibitionism  
(C) Voyeurism (D) Fetishism
99. The type of personality disorder in which a person neither desires nor enjoys close relationships including being part of a family.  
(A) Schizotypal (B) Schizoid  
(C) Histrionic (D) Avoidant
100. Which of the following is not a defining feature of Autistic disorder?  
(A) Impaired social interaction (B) Impaired communication  
(C) Impaired intellect (D) Stereotypical behaviours
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**SPACE FOR ROUGH WORK**

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