

FINAL ANSWER KEY

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Question1:-Health is defined in the Preamble of WHO at Alma Ata declaration was in the year

- A:-1978
- B:-1983
- C:-1951
- D:-1962

Correct Answer:- Option-A

Question2:-Draw family tree for three generation to do family assessment in community health practice is termed as

- A:-Wenn diagram
- B:-Eco map
- C:-Genogram
- D:-All the above

Correct Answer:- Option-C

Question3:-Primordial prevention is

- A:-Prevention of illness at its incipient stage
- B:-Prevention of sequele
- C:-Prevention of disability
- D:-Prevention of risk factors

Correct Answer:- Option-D

Question4:-Multi purpose health workers were introduced in India in primary health centres as per the recommendation of _____ Committee.

- A:-Bhore Committee
- B:-Mudaliar Committee
- C:-Kartar Singh Committee
- D:-Mukherji Committee

Correct Answer:- Option-C

Question5:-The third Revised National Health Policy was launched in the year

- A:-2000
- B:-1983
- C:-2002
- D:-2017

Correct Answer:- Option-D

Question6:-Health related goal - 'to ensure health and wellbeing for all at all ages' is a part of

- A:-Health for all
- B:-Millennium Development Goal
- C:-Sustainable Development Goal
- D:-None of the above

Correct Answer:- Option-C

Question7:-A Communication technique where group of experts discuss a particular topic and no set speeches is

- A:-Group discussion
- B:-Panel discussion
- C:-Role play
- D:-Workshop

Correct Answer:- Option-B

Question8:-Reducing prevalence of preventable blindness to _____ is the goal declared in the programme of 'Right to Sight' - National Programme for Control of blindness and visual impairment' in 2017.

- A:-3.0%
- B:-0.3%
- C:-30%

D:-zero prevalence

Correct Answer:- Option-B

Question9:-Components of communication process include

A:-Sender

B:-Channel

C:-Information

D:-All the above

Correct Answer:- Option-D

Question10:-The topmost agency in Union Government on framing health policy - 'Planning Commission' was renamed as

A:-Niti Aayog

B:-Director General of Health Service (DGHS)

C:-Registrar General of India

D:-Central Council of Health

Correct Answer:- Option-A

Question11:-_____ was a shift in strategy adopted under Family Planning Programme to reduce the emphasis on Targets.

A:-Community Need Assessment Approach

B:-Regulatory Approach

C:-Clinic Approach

D:-Social Marketing Approach

Correct Answer:- Option-A

Question12:-_____ is a required skill in counselling which is a helping process to explore reality of clients to make choices and decisions.

A:-Moralising

B:-Sympathy

C:-Empathy

D:-Labelling

Correct Answer:- Option-C

Question13:-_____ is a primary group and basic unit of Society.

A:-Industry

B:-Hospital

C:-School

D:-Family

Correct Answer:- Option-D

Question14:-Infant Mortality rate includes death of infants under one year of age per 1000 live birth excluding

A:-0-28 days after birth

B:-0-14 days after birth

C:-0-6 months after birth

D:-None of the above

Correct Answer:- Option-D

Question15:-The States lagged in demographic targets under RCH programme were referred to

A:-Empowered Action Group States (EAG)

B:-Sample Registration States (SRS)

C:-Backward States

D:-None of the above

Correct Answer:- Option-A

Question16:-_____ is the programme that brought under one umbrella of reproductive, maternal, neonatal and child health.

A:-Child survival and safe motherhood

B:-Reproductive Child Health

C:-e Health

D:-Revised National Family Welfare Programme

Correct Answer:- Option-B

Question17:-A team must have

A:-individual goal

B:-grapevine communication

C:-members with similar skill and knowledge

D:-common goal

Correct Answer:- Option-D

Question18:-Trickling filter is seen in

- A:-Vital layer
 - B:-Zooglear layer
 - C:-Primary treatment of sewage
 - D:-Secondary treatment of sewage
- Correct Answer:- Option-D

Question19:-Which of the following is protective foods?

- A:-Roots and tubers
- B:-Wheat
- C:-Vegetables
- D:-Rice

Correct Answer:- Option-C

Question20:-Keratomalacia is caused by deficiency of which vitamin

- A:-Vitamin A
- B:-Vitamin D
- C:-Vitamin E
- D:-Vitamin K

Correct Answer:- Option-A

Question21:-The best indicator of infant nutrition is

- A:-Height
- B:-Weight
- C:-Head circumference
- D:-Chest circumference

Correct Answer:- Option-B

Question22:-Non nutritious substances which are added intentionally to food to improve the appearance, flavour or storage properties are called

- A:-Canning
- B:-Steaming
- C:-Food Additives
- D:-Food fortification

Correct Answer:- Option-C

Question23:-Collection of pus around the teeth is called

- A:-Pyorrhoea
- B:-Dental plaque
- C:-Dental Caries
- D:-Halitosis

Correct Answer:- Option-A

Question24:-Mode of transmission of meningococcal meningitis is

- A:-Droplet infection
- B:-Contact with soil
- C:-Biological transmission
- D:-Mechanical transmission

Correct Answer:- Option-A

Question25:-The best method of refuse disposal is

- A:-Dumping
- B:-Composting
- C:-Controlled tipping
- D:-Burning

Correct Answer:-**Question Cancelled**

Question26:-Waste water which does not contain human excreta is

- A:-Sewage
- B:-Sullage
- C:-Sludge
- D:-Effluent

Correct Answer:- Option-B

Question27:-Which one of the following is used for fumigation of rat burrows?

- A:-Barium carbonate
- B:-Zinc phosphate
- C:-Cyanogas
- D:-Biogas

Correct Answer:- Option-C

Question28:-Disease transmitted by the bite of female sandfly

- A:-Kala azar
- B:-Dengue fever
- C:-Typhoid
- D:-Trachoma

Correct Answer:- Option-A

Question29:-The recommended maximum noise level is

- A:-45 decibels
- B:-65 decibels
- C:-85 decibels
- D:-95 decibels

Correct Answer:- Option-C

Question30:-A mental mechanism in which the person reverting to an earlier level of development is known as

- A:-Sublimation
- B:-Repression
- C:-Regression
- D:-Denial

Correct Answer:- Option-C

Question31:-The largest voluntary organization working for the care of disadvantaged older people in India is

- A:-Help age India
- B:-Indian Red Cross Society
- C:-Bharat Sevak Samaj
- D:-Central Social Welfare Board

Correct Answer:- Option-A

Question32:-The largest organ in our body

- A:-Liver
- B:-Skin
- C:-Stomach
- D:-Lung

Correct Answer:- Option-B

Question33:-The functional unit of kidney is

- A:-Ureter
- B:-Urinary bladder
- C:-Nephron
- D:-Pelvis

Correct Answer:- Option-C

Question34:-The point at which chlorine demand of water is fully met is called

- A:-Free residual chlorine
- B:-Free chlorine
- C:-Chlorine demand
- D:-Break point

Correct Answer:- Option-D

Question35:-Secondary prevention of disease include

- A:-Screening
- B:-Rehabilitation
- C:-Early diagnosis and treatment
- D:-Risk factor prevention

Correct Answer:- Option-C

Question36:-The disease which are constantly present in a particular area is called

- A:-Endemic disease
- B:-Pandemic disease
- C:-Epidemic disease
- D:-Zoonotic disease

Correct Answer:- Option-A

Question37:-Which one of the following is a non-modifiable risk factor of hypertension?

- A:-Obesity
- B:-Age
- C:-Smoking

D:-Physical activity

Correct Answer:- Option-B

Question38:-The separation of a person with infectious disease from contact with other human beings for the period of communicability is called

A:-Surveillance

B:-Eradication

C:-Isolation

D:-Virulence

Correct Answer:- Option-C

Question39:-Which one of the following is a metabolic disease?

A:-Diabetes mellitus

B:-Hypertension

C:-Alzheimer's disease

D:-Parkinson's disease

Correct Answer:- Option-A

Question40:-The recommended site for giving Intra muscular injection for an infant is

A:-Deltoid muscle

B:-Vastus lateralis muscle

C:-Ventrogluteal muscle

D:-Dorsogluteal muscle

Correct Answer:- Option-B

Question41:-Active Immunity is mainly acquired through

A:-Injection of antisera

B:-From mother to foetus through placenta

C:-Injection of gamma globulin

D:-Attack of disease

Correct Answer:- Option-D

Question42:-Which of the following is a live attenuated vaccine?

A:-BCG

B:-Cholera

C:-Pertussis

D:-Rabies

Correct Answer:- Option-A

Question43:-Floating tip of the iceberg represents

A:-Pre symptomatic case

B:-Clinical case

C:-In apparent case

D:-Latent case

Correct Answer:- Option-B

Question44:-The application of disinfective measures as soon as possible after the discharge of infectious material from the body of an infected person is

A:-Terminal disinfection

B:-Prophylactic disinfection

C:-Concurrent disinfection

D:-Pre disinfection

Correct Answer:- Option-C

Question45:-Which one of the following method is used to treat human anatomical waste?

A:-Autoclaving

B:-Microwaving

C:-Disinfection

D:-Incineration

Correct Answer:- Option-D

Question46:-Schick test is done to detect

A:-Measles

B:-Diphtheria

C:-Pertussis

D:-Mumps

Correct Answer:- Option-B

Question47:-The drug of choice of Ancylostomiasis is

A:-Mebendazole

B:-Rifampicin

C:-Erythromycin

D:-Penicillin

Correct Answer:- Option-A

Question48:-The main vector of Dengue Fever is

A:-Anopheles Mosquito

B:-Culex Mosquito

C:-Aedes Aegypti

D:-Mansonoides

Correct Answer:- Option-C

Question49:-The safe and effective drug against filariasis is

A:-Acetaminophen

B:-Diethyl carbamazine citrate

C:-Qunine

D:-Primaquine

Correct Answer:- Option-B

Question50:-Pap smear examination is done to diagnose

A:-Cervical cancer

B:-Lung cancer

C:-Oral cancer

D:-Breast cancer

Correct Answer:- Option-A

Question51:-The most common type of diabetes mellitus is

A:-Insulin dependent diabetes mellitus

B:-Malnutrition related diabetes mellitus

C:-Gestational diabetes mellitus

D:-Non-insulin dependent diabetes mellitus

Correct Answer:- Option-D

Question52:-Which is the correct ratio of chest compressions to rescue breaths for use in CPR of an adult casualty?

A:-2 compressions, 30 rescue breaths

B:-5 compressions; 1 rescue breaths

C:-15 compressions; 2 rescue breaths

D:-30 compressions; 2 rescue breaths

Correct Answer:- Option-D

Question53:-What steps would you take to control bleeding from a nosebleed?

A:-Sit casualty down, lean forward and pinch soft part of nose.

B:-Sit casualty down, lean backward and pinch soft part of nose.

C:-Lie casualty down and pinch soft part of nose.

D:-Lie casualty down and pinch top of nose.

Correct Answer:- Option-A

Question54:-Coronary Artery Disease which is relieved by rest and nitroglycerine is

A:-Myocardial infarction

B:-Angina pectoris

C:-Cardiac arrhythmia

D:-Congestive cardiac failure

Correct Answer:- Option-B

Question55:-ASHA Scheme is associated with

A:-Millennium development goal

B:-National Health Policy

C:-National Rural Health Mission

D:-Five Year Plan

Correct Answer:- Option-C

Question56:-At the village level, the basic unit of the system of Panchayati Raj is

A:-Grama Panchayat

B:-Grama Sabha

C:-Nya Panchayat

D:-Panchayat Samithi

Correct Answer:- Option-B

Question57:-The most peripheral health care facility is

- A:-Sub centre
- B:-Akshaya centre
- C:-Primary health care centre
- D:-Anganwadi

Correct Answer:- Option-A

Question58:-The record which contain information gathered over a period of time in respect of each patient in different situation is

- A:-Eligible couple record
- B:-Out patient record
- C:-Inpatient record
- D:-Cumulative record

Correct Answer:- Option-D

Question59:-The goal of mission Indradhanush is

- A:-To eradicate TB
- B:-To eradicate leprosy
- C:-For safe delivery
- D:-To vaccinate all underfives

Correct Answer:- Option-D

Question60:-Which one of the following is a one way communication?

- A:-Lecture
- B:-Workshop
- C:-Group discussion
- D:-Panel discussion

Correct Answer:- Option-A

Question61:-Instrument used to measure the length of a new born is called

- A:-Infantometer
- B:-Stedimeter
- C:-Weighing scale
- D:-Scale

Correct Answer:- Option-A

Question62:-The defect which protrudes meninges and spinal cord through the hole in the back is called

- A:-Meningocele
- B:-Myelomeningocele
- C:-Spinabifida
- D:-Oculta

Correct Answer:- Option-B

Question63:-Surgery to correct undescended testis is called

- A:-Orchiopexy
- B:-Herniotomy
- C:-Orchidectomy
- D:-Cryptorchidism

Correct Answer:- Option-A

Question64:-_____ is a birth defect in which the opening of the urethra is on the underside of penis.

- A:-Hypospadias
- B:-Epispadias
- C:-Cordea
- D:-Penile

Correct Answer:- Option-A

Question65:-The hormone which is responsible for ejection of milk is called

- A:-Oxytocin
- B:-Pitocin
- C:-Prolactin
- D:-FSH

Correct Answer:- Option-A

Question66:-BFHI was launched in the year _____ in India.

- A:-1991
- B:-1992
- C:-1993

D:-1994

Correct Answer:- Option-B

Question67:-The hormone secreted from the developing ovarian follicle is called

A:-Oestrogen

B:-Progesterone

C:-Testosterone

D:-Corpusluteum

Correct Answer:- Option-A

Question68:-The rupture of the mature follicle and release of secondary oocyte on day 14 in a 28 day cycle is called

A:-Ovulation

B:-Menstrual cycle

C:-Pre ovulatory cycle

D:-Post ovulatory cycle

Correct Answer:- Option-A

Question69:-An enlargement of mammary tissue in the male is termed

A:-Hirsutism

B:-Gynaecomastia

C:-Cyst

D:-Breast Bud

Correct Answer:- Option-B

Question70:-The process of functional, physiological maturation is called

A:-Growth

B:-Development

C:-Enlargement

D:-Hypertrophy

Correct Answer:- Option-B

Question71:-The period from _____ to _____ is called embryo.

A:-0 - 14 days

B:-14 days - 10 weeks

C:-8 days - 6 weeks

D:-14 days - 8 weeks

Correct Answer:- Option-D

Question72:-Height doubles at _____ year of age.

A:-one

B:-two

C:-three

D:-four

Correct Answer:- Option-D

Question73:-The period from 0 to 28 days of life is called

A:-Neonatal period

B:-Infancy

C:-Premature new born

D:-Fetal period

Correct Answer:- Option-A

Question74:-Fertilisation of ovum usually takes place in

A:-Vagina

B:-Ovary

C:-Uterus

D:-Fallopian tube

Correct Answer:- Option-D

Question75:-The hormone which stimulates breasts to prepare for lactation is

A:-Oestrogen

B:-Prolactin

C:-Oxytocin

D:-Vasopressin

Correct Answer:- Option-B

Question76:-Commonest sign of post natal sepsis is

A:-Bleeding

B:-Fatigue

C:-Pyrexia

D:-Nausea

Correct Answer:- Option-C

Question77:-Intra Uterine Devices are contraindicated in

A:-Pelvic infections

B:-Dysmenorrhoea

C:-Low back pain

D:-Ladies with history of abortion

Correct Answer:- Option-A

Question78:-Newborn period is

A:-one year after birth

B:-first 28 days of life

C:-one to three years of age

D:-three to 5 years of life

Correct Answer:- Option-B

Question79:-Enuresis is

A:-Fear of closed spaces

B:-Eating stones and mud

C:-Bedwetting

D:-Infection of genitalia

Correct Answer:- Option-C

Question80:-Dark patches appearing on face during pregnancy is

A:-Decubitus ulcer

B:-Striae gravidarum

C:-Linea Nigra

D:-Cholasma

Correct Answer:- Option-D

Question81:-Albuminuria is a sign of

A:-Abortion

B:-Pre eclampsia

C:-Vesicular mole

D:-Ectopic gestation

Correct Answer:- Option-B

Question82:-Per vaginal examination is contraindicated in

A:-first stage of labour

B:-sepsis

C:-antepartum hemorrhage

D:-primi gravida

Correct Answer:- Option-C

Question83:-The following is a high risk pregnancy except

A:-primigravida above 35 years

B:-severe anaemia

C:-history of diabetes or heart disease

D:-multi gravida

Correct Answer:- Option-D

Question84:-Average amount of blood loss during normal labour is

A:-500 ml

B:-1000 ml

C:-1500 ml

D:-1200 ml

Correct Answer:- Option-A

Question85:-Puerperium is

A:-The period from third stage of labour till 4 weeks

B:-The period from third stage of labour till 6 weeks

C:-The period from third stage of labour till 10 weeks

D:-The period from third stage of labour till 12 weeks

Correct Answer:- Option-B

Question86:-Early sign of venous thrombosis in the post natal period is

A:-pain in ankle when foot is bent

- B:-difficulty in walking
 - C:-abdominal pain
 - D:-pain in calf of leg when foot is bent
- Correct Answer:- Option-D

Question87:-MTP Act was passed in

- A:-1965
- B:-1969
- C:-1971
- D:-1974

Correct Answer:- Option-C

Question88:-A procedure by which amniotic fluid is obtained

- A:-Amniocentesis
- B:-Chorionic villi sampling
- C:-Fetoscopy
- D:-Moulding

Correct Answer:- Option-A

Question89:-Average weight gain of mother during pregnancy is

- A:-8 kg
- B:-12 kg
- C:-14 kg
- D:-15 kg

Correct Answer:- Option-B

Question90:-Act of legally placing a child with a parent or parents other than those to whom they were born

- A:-Surrogacy
- B:-Separation
- C:-Adoption
- D:-Contract

Correct Answer:- Option-C

Question91:-Normal fetal heart rate at term is

- A:-60 - 100 beats per minute
- B:-80 - 120 beats per minute
- C:-120 - 160 beats per minute
- D:-140 - 200 beats per minute

Correct Answer:- Option-C

Question92:-Full dilatation of cervix is

- A:-12 cm
- B:-10 cm
- C:-8 cm
- D:-6 cm

Correct Answer:- Option-B

Question93:-Definite sign of placental separation during third stage of labour except

- A:-lengthening of cord
- B:-sudden gush of blood
- C:-rise of uterus in the abdomen
- D:-increase in maternal pulse

Correct Answer:- Option-D

Question94:-Which of the following disease is not transmitted from mother to baby during delivery?

- A:-Tinea versicolor
- B:-HIV/AIDS
- C:-Hepatitis B
- D:-Gonococcus

Correct Answer:- Option-A

Question95:-In normal delivery, breast feeding should be initiated

- A:-within 6 hours
- B:-within 4 hours
- C:-within 2 hours
- D:-within 1 hour

Correct Answer:- Option-D

Question96:-Following are used in infertility treatment except

A:-LH

B:-GnRH

C:-Prolactin

D:-Clomiphene

Correct Answer:- Option-C

Question97:-Menarche is

A:-End of menstruation

B:-Pain during menstruation

C:-Prolonged bleeding during menstruation

D:-Beginning of first menstruation

Correct Answer:- Option-D

Question98:-If a lady plans for a pregnancy, it is better to take the following 3 months prior to pregnancy to prevent neurological damage in fetus

A:-Vitamin A

B:-Vitamin K

C:-Folic acid

D:-Iron

Correct Answer:- Option-C

Question99:-Engagement of fetal head in primi occurs

A:-2 weeks prior to the onset of labour

B:-4 weeks prior to the onset of labour

C:-with onset of labour

D:-during second stage of labour

Correct Answer:- Option-A

Question100:-Phototherapy is used in

A:-Hypertension

B:-Hyperbillirubinaemia

C:-Hypothermia

D:-Seizures

Correct Answer:- Option-B