

08/2019

Question Booklet
Alpha Code

A

Question Booklet
Serial Number

Total No. of Questions: 100

Maximum : 100 Marks

Time : 75 Minutes

INSTRUCTIONS TO CANDIDATES

1. The question paper will be given in the form of a Question Booklet. There will be four versions of question booklets with question booklet alpha code viz. A, B, C & D.
2. The Question Booklet Alpha Code will be printed on the top left margin of the facing sheet of the question booklet.
3. The Question Booklet Alpha Code allotted to you will be noted in your seating position in the Examination Hall.
4. If you get a question booklet where the alpha code does not match to the allotted alpha code in the seating position, please draw the attention of the Invigilator IMMEDIATELY.
5. The Question Booklet Serial Number is printed on the top right margin of the facing sheet. If your question booklet is un-numbered, please get it replaced by new question booklet with same alpha code.
6. The question booklet will be sealed at the middle of the right margin. Candidate should not open the question booklet, until the indication is given to start answering.
7. Immediately after the commencement of the examination, the candidate should check that the question booklet supplied to him contains all the 100 questions in serial order. The question booklet does not have unprinted or torn or missing pages and if so he/she should bring it to the notice of the Invigilator and get it replaced by a complete booklet with same alpha code. This is most important.
8. Blank sheets of paper is attached to the question booklet. These may be used for rough work.
9. **Please read carefully all the instructions on the reverse of the Answer Sheet before marking your answers.**
10. Each question is provided with four choices (A), (B), (C) and (D) having one correct answer. Choose the correct answer and darken the bubble corresponding to the question number using Blue or Black Ball-Point Pen in the OMR Answer Sheet.
11. **Each correct answer carries 1 mark and for each wrong answer 1/3 mark will be deducted. No negative mark for unattended questions.**
12. No candidate will be allowed to leave the examination hall till the end of the session and without handing over his/her Answer Sheet to the Invigilator. Candidates should ensure that the Invigilator has verified all the entries in the Register Number Coding Sheet and that the Invigilator has affixed his/her signature in the space provided.
13. Strict compliance of instructions is essential. Any malpractice or attempt to commit any kind of malpractice in the Examination will result in the disqualification of the candidate.

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Maximum : 100 Marks

Time : 1 hour and 15 minutes

1. Smruthi is the function of
(A) Prana (B) Udana
(C) Vyana (D) Samana
2. How much time it takes to digest appropriate quantity of food for a Samagni person ?
(A) 2 yamas (B) 3 yamas
(C) 4 yamas (D) 5 yamas
3. Artham is a synonym of
(A) Hridayam (B) Masthishkam
(C) Yakrith (D) Indriyas
4. Kapha Kopam is caused by
(A) Seetha Snigdham (B) Ushna Snigdham
(C) Seetha Rooksham (D) Guru Snigdham
5. In Pitha Kopa and Saamapitha condition, Achasnehapanam with ghritham is contraindicated.
(A) Statement is wrong.
(B) Because Pitha will spread all over to make Samjna hani.
(C) Because ghritha will not be digested.
(D) Because Ama will increase inspite of Pitha Samana.
6. Badhanam & Anubadhanam are the two types of
(A) Grahavesam (B) Marmaghatham
(C) Anoushadham (D) Oushadham
7. Which disease develops when sleshma gets seated in Sonitham ?
(A) Pandu (B) Kushtam
(C) Prameham (D) Arbudam
8. Excess use of lavana rasa will cause
(A) Vataraktha (B) Srothobandham
(C) Gandamala (D) Dhathu balam
9. Which of the following vegarodha does not cause Manyasthambham ?
(A) Kshavadhu (B) Jrumbha
(C) Asru (D) Vamadhu
10. Kushta, Pandu and Sirorogas will be caused by using water from rivers of
(A) Mahendragiri (B) Sahyaparvatha
(C) Avanthi ranges (D) Pariyathra ranges

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[P.T.O.]

11. Which among the following is advised for daily use by healthy people ?
 (A) Yavam (B) Yavakam
 (C) Anu-yavam (D) Venu-yavam
12. Snanam is advised for those with
 (A) Thandra (B) Adhmanam
 (C) Ajeernam (D) Asyarogam
13. What is advised if the Patient falls unconscious by nasya karmam ?
 (A) Do theekshna nasyam (B) Sprinkle water on the body only
 (C) Sprinkle water on the face only (D) Do theekshna anjanam
14. This is not a type of Prathisaranam :
 (A) Kalkam (B) Rasakriya
 (C) Chooranam (D) Asavam
15. What will be the evening meal advised on the fourth day for a patient who had Madhya Suddhi ?
 (A) Krithayoosham (B) Akrithayoosham
 (C) Vilepi (D) Mamsa rasam
16. What shall be the property of Virechana Oushadha for a patient with Snehotklesam ?
 (A) Snigdha Virechana (B) Rooksha Virechana
 (C) Theekshana Virechanam (D) Mrudu Virechanam
17. Which among this is a property of Sthambhanonshadham ?
 (A) Laghu (B) Guru
 (C) Snigdham (D) Sthiram
18. How many day's interval is advised for annvasana after Virechanam ?
 (A) 3 days (B) 7 days
 (C) 14 days (D) 21 days
19. What is advised for a patient with low digestive fire, incomplete digestion of Sodhana medicine consumed, incomplete purification and tired by doshas but not by Sodhana ?
 (A) Langhanam (B) Swedanam
 (C) Yavagu (D) Ushnodakam
20. Rookshanam is advised prior to snehanam in fatty people etc., because
 (A) Asatmya sneham makes doshotklesam
 (B) Rookshanam makes agnideepti
 (C) Rookshanam makes doshotklesam
 (D) Asatmya sneham makes doshasamanam

21. According to Ashtanga Hridaya Kshatakasa has the following clinical features :
- (A) Parvabheda and Kateegraha (B) Sushkakasa
(C) Kateegrha and Balakshaya (D) All the above
22. According to Charaka Samhita, lavana mutra is seen in
- (A) Kalameha (B) Neelameha
(C) Raktameha (D) Manjishtameha
23. According to Madhava Nidana Hritkantadaha and Aruchi are specifically seen in
- (A) Raktapita (B) Amlapita
(C) Pitaja Kasa (D) Pitaja Chardi
24. According to Charaka Samhita, in prameha, due to apatharpana, following lakshanas are seen
- (A) Gulma and Jwara (B) Jwara and Kshaya
(C) Mehanavasthishoola (D) All the above
25. According to Susruta Samhita, “Krichramutrapureeshatwam” is mentioned under
- (A) Vatika Gulma (B) Gudagata Vata
(C) Avarana of Apana (D) Pakwasayagatavata
26. As per Ashtanga Hridaya, Sankhathoda and Sirobhrama are the lakshanas of
- (A) Vatika Trishna (B) Vatika Chardi
(C) Vatika Arsas (D) Vatika Moorcha
27. As per Susruta Samhita, ‘Ucharito nutritascha na shantimatigachati’ is a feature of
- (A) Ama Shoola (B) Vit Shoola
(C) Hrit Shoola (D) Vasti Shoola
28. As per Madhava Nidana, ‘Prachalitha Bhruva’ is an asadhya lakshana of _____ disease.
- (A) Apasmara (B) Udavarta
(C) Unmada (D) Rajayakshma
29. According to Charaka Samhita, Sukta paka is mentioned under _____ disease.
- (A) Sannipata Arsas (B) Vatika Grahani
(C) Pitaja Grahani (D) Pitaja Atisara

30. As per Susruta Samhita, Avykta Vacha is a lakshana of _____ Swarasada.
- (A) Medoja (B) Kaphaja
(C) Kshayaja (D) Tridoshaja
31. What is the dosha involvement of Haridra jwara told in Madhava Nidana ?
- (A) Pita Kapha (B) Vata Pita
(C) Pita (D) Tridosha
32. In which mutraghata roga, Mutravitsangam is seen as per Charaka Samhita ?
- (A) Vatavasti (B) Vidvighata
(C) Vatakundalika (D) Mutrotsanga
33. As per Charaka Samhita, which among the following mamsavarga is not indicated in vata kapha dominant Rajayakshma ?
- (A) Prasaha (B) Vishkira
(C) Pratuda (D) Dhanwaja
34. Which of the following lepa is mentioned as “Sheethapithodardakotan saptahadeva nasayeth” in Chakradatha ?
- (A) Rajavrikshapatra (B) Lajjalu
(C) Kakamachi (D) None of these
35. According to Charaka Samhita, which among the following is not present in Tailapanchaka?
- (A) Erandataila (B) Gomutra
(C) Bastamutra (D) Aranala
36. As per Ashtanga Hridaya, Drakshadi kwadha has _____ doshahara property.
- (A) Pita (B) Vatapita
(C) Sannipatha (D) Pitakapaha

37. As per Charaka Samhita, Swethakaraveerarasa, gomutra, chitraka and vidanga are present in a taila yoga that is specifically indicated in
- (A) Kushta (B) Switra
(C) Kushta and Switra (D) Switra and Visarpa
38. As per Ashtanga Hridaya, _____ drug is not included for preparing snana udaka in sophia.
- (A) Nimba (B) Punarnava
(C) Gokshura (D) Naktamala
39. As per Charaka Samhita, Sarpiguda is not indicated in the management of _____ disease.
- (A) Pitaja Swarabheda (B) Pitaja Trishna
(C) Pitaja Hridroga (D) Kshataksheena
40. As per Ashtanga Hridaya, lepana of Moolaka Beeja with takra is indicated in
- (A) Charmadala (B) Dadru
(C) Kitibha (D) Vicharchika
41. As per Ashtanga Hridaya, "Puna Ksheeram puna vasti punareva virechanam" is applied in the management of
- (A) Pitaja Gulma (B) Pitaja Vatarakta
(C) Pitaja Grahani (D) Pitaja Udara
42. 'Paani Tapa' is specially indicated by Susruta in the treatment of
- (A) Tuni (B) Pratuni
(C) Anaham (D) Adhmanam
43. Bhadrasiyadi gana is mentioned by Charaka in the context of _____ disease.
- (A) Raktapita (B) Kamala
(C) Pitaja Pandu (D) Pitaja Unmada
44. Kokilaksha nirooha is specifically indicated in _____ disease.
- (A) Kushta (B) Vidradi
(C) Vatarakta (D) Vatavyadi

45. Dridatha (strength) of the body is achieved by practicing
 (A) Mudra (B) Prathyahara
 (C) Pranayama (D) Asana
46. Which of the following is not included under shadkarma ?
 (A) Dhyana (B) Nethi
 (C) Vasthi (D) Kapalabhathi
47. Types of Kumbhaka is _____ in number.
 (A) 7 (B) 8
 (C) 9 (D) 5
48. Moksha can be achieved by the practice of
 (A) Simhasana (B) Padmasana
 (C) Sidhasana (D) Bhadrasana
49. The total number of mudras is
 (A) 24 (B) 25
 (C) 23 (D) 22
50. _____ is useful in preventing eye diseases.
 (A) Kapalabhathi (B) Nethi
 (C) Dhouthi (D) Thratakam
51. Jalasanthrasa is an asadhya lakshana of _____ visha.
 (A) Lootha (B) Vrischika
 (C) Mooshika (D) Alarka
52. “Khair vaman sonitham krishnam” can be observed in
 (A) Manthavisha Vrischika (B) Madhyavisha Vrischika
 (C) Mahavisha Vrischika (D) Darveekara Visha
53. _____ can be used for malingering purposes.
 (A) Kupeelu (B) Langali
 (C) Karavereram (D) Arkam
54. Kakapada is indicated in _____ darveekara vishavega.
 (A) 7th (B) 6th
 (C) 8th (D) 5th

55. "Durbale harithe shoone jayathe cha asya lochane" can be seen in _____sthavara vishavega.
 (A) 2nd (B) 3rd
 (C) 4th (D) 5th
56. Avyaktharasa is mentioned as vishaguna by
 (A) Susrutha (B) Vagbhata
 (C) Charaka (D) Sarghadhara
57. The total number of sthavara visha adhishtanas is
 (A) 9 (B) 8
 (C) 10 (D) 11
58. The total number of dushtavrana according to Vagbhata is
 (A) 15 (B) 14
 (C) 12 (D) 13
59. Sandhivishlesha is seen in
 (A) Athikshiptha (B) Thiryakshiptha
 (C) Avakshiptha (D) Vislishta
60. Sambookavartha is a _____ bhaganthara.
 (A) Vathakaphaja (B) Kaphaja
 (C) Thridoshaja (D) Pithakaphaja
61. The total number of sasthanas (surgical instruments) according to Ashtangahrudaya is
 (A) 27 (B) 28
 (C) 26 (D) 25
62. Appearance of blackish spots on skin without pain can be seen in _____ type of kshudraroga.
 (A) Charmakeela (B) Masaka
 (C) Jathumani (D) Thilakalaka
63. The doshaswabhava of sathaponaka guhyaroga according to Ashtangahrudaya is
 (A) Vathapitha (B) Vathakapha
 (C) Pithakapha (D) Vatharaktha
64. The quantity of pippali in Guggulupanchapala choorna is
 (A) 5 Palas (B) 1 Pala
 (C) 1 Karsha (D) 2 Palas

65. One among the following Madhya is not good for increasing the quantity of breast milk as per the opinion of vagbhata :
- (A) Poushtika (B) Maireya
(C) Seedhu (D) Varuni
66. According to Susrutha Samhitha, akaala pravaahanam causes following problems in child, EXCEPT :
- (A) Mukatwa (B) Badhiryam
(C) Sosham (D) Hridroga
67. One among the following is NOT included in Tetralogy of Fallot :
- (A) Dextraposition/Over riding of aorta
(B) Atrial septal defect
(C) Right ventricular outflow tract obstruction
(D) Right ventricular hypertrophy
68. According to Vedanadhyaya, a sudden loud laughing in a kid is indicative of
- (A) Unmada (B) Apasmara
(C) Jwara (D) Atisara
69. Madhuram, snigdham, brimhanam, balavardhanam, pleasing to manas are features of
- (A) Rasayana drug (B) Hridya drug
(C) Vajeekarana drug (D) Vatahara drug
70. As per Ashtanga hridaya, “vridhopi tharunayate” is the effects described in vajeekarana context for the drug
- (A) Aswagandha (B) Shashtika odanam
(C) Punarnava (D) None of these
71. Rsayana effect of mandukaparni is best in
- (A) Kalka (B) Swarasa
(C) Churnam (D) Kwatha
72. Strong teeth up to the death of the individual is the effect attributed to the rasayana drug
- (A) Thila (B) Guduchee
(C) Aswagandha (D) Gokshura

73. Kapha and rakta together makes its disease at thalumoola which is soft and similar to matsyabasti.
 (A) Thalu pitika (B) Galashuntika
 (C) Rohinee (D) Kantasaaluka
74. Vaaso gurooshnam sirasa: sughanam pariveshtanam II these verses are related to
 (A) Treatment of nasal diseases (B) Treatment of head diseases
 (C) Treatment of eye diseases (D) Treatment of throat diseases
75. One among the following is NOT a chedyā netra roga :
 (A) Sirapidaka (B) Sirajaala
 (C) Suklarma (D) Pothakee
76. One among the following is sukla mandala roga :
 (A) Nimesha (B) Parvanika
 (C) Valasagrathita (D) None of these
77. Kshavathu and udgaara vega dharanam at the time of intercourse is leading to
 (A) Upaplutha (B) Pariplutha
 (C) Udavartinee (D) None of these
78. One among the following is NOT an ingredient of pushyanuga churna as per charaka samhitha :
 (A) Paatha (B) Ativisha
 (C) Lodram (D) Neelolpalam
79. In which month of gestation all indriyas, sarva anga avayava are formed simultaneously as per charaka samhitha ?
 (A) Third month (B) Fourth month
 (C) Fifth month (D) Sixth month
80. One among the following is a mathruja bhava according to charaka samhitha :
 (A) Sira (B) Dhamanee
 (C) Loma (D) Twak

81. The Constitution describes various fundamental duties of citizen in
 (A) Part IV-A (Article 51.A) (B) Part III-C (Article 12.B)
 (C) Part V-A (Article-51.B) (D) Part IV-B (Article 61.A)
82. Number of Directive Principles of State Policy that are granted in Indian Constitution :
 (A) 21 (B) 20
 (C) 24 W (D) 31
83. The person who wrote the first biography of Sree Narayana Guru :
 (A) Dr. Palpu (B) Moorkkoth Ramunni
 (C) Moorkoth Kumaran (D) Mithavathi Krishnan
84. The work poses a social criticism against the rotten customs among the Namboodiries and Nairs and discuss the necessity of acquiring English education in the changing social relations is
 (A) Darmaraja (B) Premamritham
 (C) Mayurasimhasanam (D) Indulekha
85. The leader started fast unto death at Guruvayoor temple from 21st September, 1932, to open the gates of the temple to all hindus was
 (A) Mannath Padmanabhan (B) A. K. Gopalan
 (C) P. Krishnapilla (D) K. Kelappan
86. The owner of the sixty percent of the total cultivable land at Pookkottur in the Eranad Taluk in 1921 was
 (A) British government (B) Ali Musliar
 (C) The Nilambur Raja (D) Variam Kunnath Kunhahammed Haji
87. The person who founded a press at Anchutengu in 1904 and published the “swadeshabhimani” newspaper
 (A) Ramakrishnapilla (B) Vakkom Abdul Khader Moulavi
 (C) Pulayan Ayyappan (D) Vagbhatananda

88. "One caste, One religion and One God for Man" was the message of Sree Narayana Guru, he initiated a social reform movement through the
- (A) Aruvippuram installation (B) Establishment of Adwita Ashramam
(C) Sadhujana Paripalana Sangam (D) Champazhanthi installation
89. The Public Service Broad Casting Day is observed every year on
- (A) November 12 (B) October 12
(C) September 12 (D) December
90. Pedogenesis deals with
- (A) the formation of forests (B) the formation of soil
(C) the formation of river (D) the formation of cloud
91. National Rural Livelihood Mission NRLM (Aajeevika) was launched by the Ministry of Rural Development, Government of India in
- (A) September 2010 (B) June 2010
(C) June 2011 (D) August 2011
92. The National Food Security Bill passed by Loksabha on 20th August, 2013 as
- (A) Bill no. 209. of 2013 (B) Bill no. 99c of 2013
(C) Bill no. 109c of 2013 (D) Bill no. 199 of 2013
93. The person known as the father of the library movement in the Indian state of Kerala
- (A) Sir Hanstoans (B) Dr. K. C. Chacko
(C) P. N. Paniker (D) Ramen Nair R
94. Indecent Representation of Women (Prohibition) Act passed on
- (A) 1983 (B) 1985
(C) 1988 (D) 1986

95. A Malayalam poet, who received the third highest civilian award in the Republic of India, Padma Bhushan on 1954
- (A) Kumaran Asan (B) Vallathol Narayana Menon
(C) Ulloor S Parameswara Iyer (D) G. Sankara Kurup
96. When the Mappilas attacked British governmen with inspiration of Alavi Mouladhavila, who provided military practice with gun and sophiscated weapons ensuring a new generation capable for war. Alavi Mouladhavila popularly known as
- (A) Mampuram Thangal (B) Makthi Thangal
(C) Abdul Khader Moulavi (D) Ali Musliar
97. KIIFB stants for
- (A) Kerala Industrial Investment Fund Board
(B) Kerala Institute of Investment Financial Banking
(C) Kerala Infrastructure Investment Fund Board
(D) Kerala Infrastructure Investment Financial Banking
98. Chattambi Swamikal is well remembered as who initiated the social reforms movement among
- (A) Brahmins (B) Ezhavas
(C) Dalits (D) Nairs
99. The world's biggest health mission by the government of India, which was inaugurated at Ranchi, Jharkhand
- (A) Ayushman Bharath-Pradhan Mantri Jan Arogya Yojana
(B) Swatch Bharath Abhiyan
(C) Pradhan Mantri Swasthy Suraksha Yojana
(D) Janani Suraksha Yojana
100. Trissur Pooram was introduced by
- (A) Sakthan Tampuran (B) Pazhazi Raja
(C) Marthandha Varma (D) Paliathachan

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