

# FINAL ANSWER KEY

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Question1:-The constitution of India adopted the idea of single citizenship from

- A:-Australian Constitution
- B:-British Constitution
- C:-Canadian Constitution
- D:-US Constitution

Correct Answer:- Option-B

Question2:-The words "socialist" and "secular" were added to the Indian Constitution in

- A:-1967
- B:-1970
- C:-1972
- D:-1976

Correct Answer:- Option-D

Question3:-Which part of the Indian Constitution consists of Articles on Emergency provisions?

- A:-Part XVI
- B:-Part XVII
- C:-Part XVIII
- D:-Part XIX

Correct Answer:- Option-C

Question4:-The Mother and child tracking system was launched by the Government of India on

- A:-1 December 2009
- B:-7 December 2009
- C:-10 December 2009
- D:-21 December 2009

Correct Answer:- Option-A

Question5:-The purpose of Rashtriya Mahila Kosh 1993 is

- A:-To help young women become self-reliant
- B:-To provide nutritional supplementation and education
- C:-To provide life skills and vocational training
- D:-To provide lower income women with access to loans to being small business

Correct Answer:- Option-D

Question6:-Who among the following published the first English-Malayalam dictionary in 1846?

- A:-Claudius Buchanan
- B:-Herman Gundart
- C:-Benjamin Bailey
- D:-Philipose Ramban

Correct Answer:- Option-C

Question7:-First President of the Nair Service Society

- A:-Mannathu Padmanabhan
- B:-Changanacherry Parameshwaran Pillai
- C:-K. Kelappan
- D:-Vaikom Ramakrishna Pillai

Correct Answer:- Option-C

Question8:-The first meeting of the Nambudiri Yogakshema Maha Sabha was presided over by

- A:-Kurur Unni Nambudiripad
- B:-Desamangalam Valia Sankaran Nambudiripad
- C:-V.T. Bhattathiripad
- D:-Muthiringottu Bhavatrada Nambudiripad

Correct Answer:- Option-B

Question9:-A.G. Velayudhan was the leader of

- A:-Paliyam Satyagraha

B:-Kallumala Agitation  
C:-Kutamkulam Satyagraha  
D:-Electricity Agitation  
Correct Answer:- Option-A

Question10:-First President of Kochi Pulaya Maha Jana Sabha

A:-Ayyankali  
B:-Poykayil Yohannan  
C:-Ayyathan Gopalan  
D:-Pandit Karuppan

Correct Answer:- Option-D

Question11:-The leader of Malayalai Memorial in 1891

A:-Dr. Palpu  
B:-G.P. Pillai  
C:-C. Kesavan  
D:-A.K. Gopalan

Correct Answer:- Option-B

Question12:-The founding editor of Bhashaposhgini

A:-K. Balakrishna Pillai  
B:-Kndathil Varghese Mappillai  
C:-Moorkothu Kumaran  
D:-C. Kesavan

Correct Answer:- Option-B

Question13:-Who is known as the Father of the Library Movement in Kerala?

A:-N.V. Krishna Variar  
B:-Joseph Mundassery  
C:-P.N. Panicker  
D:-Sardar K.M. Panicker

Correct Answer:- Option-C

Question14:-The woman leader who is popularly known as the Jhansi Rani of Travancore

A:-Anna Chandi  
B:-Captain Lakshmi  
C:-A.V. Kuttimalu Amma  
D:-Accamma Cherian

Correct Answer:- Option-D

Question15:-Who among the following was the Divan of Travancore during the Vaikom Satyagraha?

A:-P. Rajagopalachary  
B:-T. Raghavaiah  
C:-C.P. Ramaswami Iyer  
D:-Muhammad Habibullah

Correct Answer:- Option-B

Question16:-Who is the author of the poem Vishwadarshanam?

A:-G. Sankara Kurup  
B:-Changampuzha Krishna Pillai  
C:-ONV Kurup  
D:-P. Kunhiraman Nair

Correct Answer:- Option-A

Question17:-Swami Ananda Theerthar was a major disciple of

A:-Chattampi Swamikal  
B:-Sree Narayana Guru  
C:-Brahmananda Sivayogi  
D:-Vagbhadananda

Correct Answer:- Option-B

Question18:-The headquarters of Kerala Sahitya Akademi

A:-Kozhikodu  
B:-Kottayam  
C:-Trissur  
D:-Ernakulam

Correct Answer:- Option-C

Question19:-Who is the present Chief Justice of the Supreme Court of India?

- A:-H.L. Dattu
- B:-R.M. Al Lodha
- C:-T.S. Thakur
- D:-S.H. Kapadia

Correct Answer:- Option-C

Question20:-The Nobel Prize in Literature 2015 was awarded to

- A:-Svetlana Alexievich
- B:-Arthur B. Mc Donald
- C:-Tomas Lindhal
- D:-William C. Campbell

Correct Answer:- Option-A

Question21:-Magnets made up of synthetic materials

- A:-Ceramic magnets
- B:-Electro magnets
- C:-Natural magnets
- D:-None of the above

Correct Answer:- Option-A

Question22:-Property of south pole of a magnet

- A:-Heating
- B:-Cooling
- C:-Soothing
- D:-None of the above

Correct Answer:- Option-A

Question23:-Laxative colour

- A:-Yellow
- B:-Blue
- C:-Red
- D:-Orange

Correct Answer:- Option-A

Question24:-Purple is combination of

- A:-Red and yellow
- B:-Red and blue
- C:-Red and green
- D:-None of the above

Correct Answer:- Option-B

Question25:-Gauss power of the strong magnets which are used for treatment of chronic disease

- A:-300 gauss power
- B:-1000 gauss power
- C:-3000 gauss power
- D:-None of the above

Correct Answer:- Option-C

Question26:-Contra-indication of the sun bath

- A:-Fever
- B:-Lumbago
- C:-Skin disease
- D:-Sciatica

Correct Answer:- Option-A

Question27:-Lead Ist in Magneto therapy in used

- A:-Bronchial asthma
- B:-Osteo arthritis of knee
- C:-Gastritis
- D:-None of the above

Correct Answer:- Option-A

Question28:-Winging of scapula occurs in paralysis of

- A:-Pectoralis major
- B:-Pectoralis minor
- C:-Latismus dorsi
- D:-Serratus anterior

Correct Answer:- Option-D

Question29:-Porter's tip or policeman's tip deformity occurs due to

- A:-Klumpke's paralysis
- B:-Paralysis of median nerve
- C:-Paralysis of radial nerve
- D:-Erb's paralysis

Correct Answer:- Option-D

Question30:-Which spinal nerve is affected in thoracic inlet syndrome?

- A:-Eighth cervical
- B:-Seventh cervical
- C:-First thoracic
- D:-Second thoracic

Correct Answer:- Option-C

Question31:-Which of the following structure is single at the root of each lung?

- A:-Pulmonary vein
- B:-Pulmonary artery
- C:-Bronchus
- D:-Bronchial artery

Correct Answer:- Option-B

Question32:-Right coronary artery arises from which sinus?

- A:-Anterior aortic sinus
- B:-Right post. aortic sinus
- C:-Left post. aortic sinus
- D:-From ant. and post. aortic sinus

Correct Answer:- Option-A

Question33:-The loss of impairment of speech due to brain damage is called as

- A:-Aphasia
- B:-Atelectia
- C:-Asphyxia
- D:-A phobia

Correct Answer:- Option-A

Question34:-The opacity or cloudiness in the natural lens of the eye is called as

- A:-Glaucoma
- B:-Cataract
- C:-Cancer
- D:-Bitot's spot

Correct Answer:- Option-B

Question35:-The other name for hammer

- A:-Malleus
- B:-Incus
- C:-Stapes
- D:-Tympani

Correct Answer:- Option-A

Question36:-Decrease taste sensation is called as

- A:-Dysgeuria
- B:-Hypogeuria
- C:-Ageuria
- D:-Taste blindness

Correct Answer:- Option-B

Question37:-Which gland is secreting glucagon hormone?

- A:-Adrenal
- B:-Thyroid
- C:-Pancreas
- D:-Parathyroid

Correct Answer:- Option-C

Question38:-Immediately after cardiac arrest the pupil reaction will be

- A:-contracted
- B:-dilated
- C:-unequal size
- D:-no reaction

Correct Answer:- Option-B

Question39:-Following conditions require the first aider's higher priority attention except

- A:-severe bleeding
- B:-open chest wound
- C:-multiple fractures
- D:-burns involving respiratory tract

Correct Answer:- Option-C

Question40:-Indication for TENS is

- A:-cardiac pace makers
- B:-pregnancy
- C:-post operative pain
- D:-hemorrhagic conditions

Correct Answer:- Option-C

Question41:-Micro-wave-diathermy duration for acute condition is

- A:-10-15 min
- B:-15-30 min
- C:-3-5 min
- D:-5-10 min

Correct Answer:- Option-D

Question42:-Joint range can be maintained in spastic paralysis by

- A:-Active movement
- B:-Passive movement
- C:-Accessory movement
- D:-Reflex movement

Correct Answer:- Option-D

Question43:-Which needle is used in skin diseases?

- A:-Filliform needle
- B:-Triangular needle
- C:-Press needle
- D:-Seven-star-needle

Correct Answer:- Option-D

Question44:-Which are the points used in acute emergencies?

- A:-Alarm points
- B:-Jing-well points
- C:-Back shu points
- D:-Leuo-connecting points

Correct Answer:- Option-B

Question45:-In fever, the effective points given, except

- A:-Du-14
- B:-LI-11
- C:-K-3
- D:-LI-4

Correct Answer:- Option-C

Question46:-Which element is large intestine meridian?

- A:-Fire
- B:-Earth
- C:-Metal
- D:-Water

Correct Answer:- Option-C

Question47:-Direction of needling in scalp area

- A:-perpendicular
- B:-oblique
- C:-horizontal
- D:-all the above

Correct Answer:- Option-C

Question48:-In case of Bronchial asthma, the point is effective

- A:-Ren-17
- B:-Ren-6
- C:-TW-5

D:-P-6

Correct Answer:- Option-A

Question49:-Yang represents

A:-Female

B:-Male

C:-Moon

D:-Earth

Correct Answer:- Option-B

Question50:-In case of plantar fasciitis, treatment given is

A:-SWD

B:-Ultra-sound therapy

C:-Both the above

D:-None of the above

Correct Answer:- Option-C

Question51:-Massage is contra-indicated in these conditions except

A:-wounds

B:-burns

C:-acne

D:-obesity

Correct Answer:- Option-D

Question52:-Which movement is followed after each deep movements in massage?

A:-Touch

B:-Friction

C:-Stroking

D:-Spitting

Correct Answer:- Option-B

Question53:-Wringing movements are executed by

A:-face

B:-abdomen

C:-hands and legs

D:-chest

Correct Answer:- Option-C

Question54:-Which massage movement is avoided in case of hyperaesthesia?

A:-Percussion and vibration

B:-Deep kneading

C:-Stroking

D:-Friction

Correct Answer:- Option-A

Question55:-Which Immunoglobulin can cross the placenta?

A:-Ig G

B:-Ig A

C:-Ig D

D:-Ig E

Correct Answer:- Option-A

Question56:-What is the other name for Koch disease?

A:-Leprosy

B:-Syphilis

C:-Tuberculosis

D:-Actinomycosis

Correct Answer:- Option-C

Question57:-As per Indian classification average IQ level of the person is between

A:-75-90

B:-90-110

C:-110-125

D:-125-140

Correct Answer:- Option-B

Question58:-Maslow's theory is concerned with

A:-emotion

B:-thinking

C:-motivation

D:-aptitude

Correct Answer:- Option-C

Question59:-The psora was adapted by which author?

A:-Adolf Just

B:-Hahnemann

C:-Henry Lindhalar

D:-Maneuol

Correct Answer:- Option-A

Question60:-How many types of Siddhis are there in Yoga?

A:-Eight

B:-Six

C:-Ten

D:-Nine

Correct Answer:- Option-A

Question61:-What is the other name for having control over things?

A:-Vashitra

B:-Prapthi

C:-Prakamya

D:-Mahima

Correct Answer:- Option-A

Question62:-Which prana is gives balancing power?

A:-Samana

B:-Udana

C:-Vyana

D:-Apana

Correct Answer:- Option-A

Question63:-The most common hospital acquired infection is

A:-Bacteremia

B:-Tetanus

C:-UTI

D:-Pneumonia

Correct Answer:- Option-C

Question64:-What are the disease comes under eating disorders?

A:-Bulmia nervosa

B:-Anorexia nervosa

C:-Checkesia

D:-Noxalatesia

Correct Answer:- Option-A

Question65:-Normal body mass index is

A:-18-20

B:-20-25

C:-26-30

D:-30-40

Correct Answer:- Option-A

Question66:-A collection of pus in the anterior chamber of the eye showing through the transparent cornea

A:-Pyemia

B:-Hypopyon

C:-Corneal opacities

D:-Keratomalasia

Correct Answer:- Option-B

Question67:-What is the other name for the waist rotating pose?

A:-Chakrasana

B:-Katichakrasana

C:-Tadasana

D:-Sedubandhasana

Correct Answer:- Option-B

Question68:-Which Pranayama is contra-indicated for heart problem?

A:-Kaphalabhathi

- B:-Seethali
- C:-Nadishudhi
- D:-Nauli

Correct Answer:- Option-A

Question69:-How many types are there in lock mudras?

- A:-3
- B:-2
- C:-4
- D:-5

Correct Answer:- Option-C

Question70:-The type of necrosis is seen in Tuberculosis

- A:-Coagulative necrosis
- B:-Caseous necrosis
- C:-Fat necrosis
- D:-Liquifactive necrosis

Correct Answer:- Option-B

Question71:-Wegner's granulomatosis generally produces lesions in the following tissues except

- A:-Nose
- B:-Ears
- C:-Lungs
- D:-Kidneys

Correct Answer:- Option-B

Question72:-Which vitamin is essential for normal reproduction in man?

- A:-Vit-A
- B:-Vit-D
- C:-Vit-E
- D:-Vit-K

Correct Answer:- Option-C

Question73:-Which pigment is water soluble?

- A:-Anthocyanin
- B:-Phytochemical
- C:- $\beta$ -carotene
- D:-Flavinoids

Correct Answer:- Option-A

Question74:-According to Yoga, human body is composed of how many sheaths?

- A:-3
- B:-6
- C:-5
- D:-4

Correct Answer:- Option-C

Question75:-Total number of Patanjali yoga sutras

- A:-189
- B:-169
- C:-196
- D:-206

Correct Answer:- Option-C

Question76:-Meaning of Manipura chakras

- A:-root petals
- B:-third eye
- C:-city of jewels
- D:-own abode

Correct Answer:- Option-C

Question77:-The word meaning of MSRT

- A:-Mind stress relieving technique
- B:-Mind sound resonance technique
- C:-Mind stress resolution treatment
- D:-Mind sound resolution technique

Correct Answer:- Option-B

Question78:-Which of the following asanas is not recommended for back ailments?

- A:-Garudasana
- B:-Bhujangasana
- C:-Ardha chakrasana
- D:-Shalabhasana

Correct Answer:- Option-A

Question79:-Seethali and Seetkari pranayamas are

- A:-vitalising
- B:-tranquillising
- C:-balancing
- D:-cooling

Correct Answer:- Option-D

Question80:-I am the supreme consciousness of the universe is known as

- A:-Jnana yoga
- B:-Anandapoya
- C:-Shampavopaya
- D:-Anupaya

Correct Answer:- Option-A

Question81:-What is beeja mantra for anahata chakra?

- A:-Lam
- B:-Vam
- C:-Ram
- D:-Yam

Correct Answer:- Option-D

Question82:-Which one is upa pranas?

- A:-Dakshina
- B:-Danda
- C:-Dhananjaya
- D:-Kevaladama

Correct Answer:- Option-C

Question83:-Which bath is recommended for high blood pressure?

- A:-Hip bath
- B:-Steam bath
- C:-Spinal bath
- D:-Hot foot bath

Correct Answer:- Option-C

Question84:-In case of Amoebiasis which type of enema is recommended?

- A:-Luke warm water
- B:-Neem water
- C:-Cold water
- D:-None of the above

Correct Answer:- Option-B

Question85:-Dystrophic calcification is most closely associated with

- A:-Hyper calcemia
- B:-Necrosis
- C:-Chronic irritation
- D:-Diminished blood flow

Correct Answer:- Option-B

Question86:-Which of the following is reversible change?

- A:-Karyorrhexis
- B:-Pyknosis
- C:-Karyolysis
- D:-Swelling of endoplasmic reticulum

Correct Answer:- Option-D

Question87:-A young man of 20, got a lacerated wound on his left arm, stitched - 1 week later sutures were remained-healing continued, but the site become disfigured, by prominent raised irregular nodular scar, in next 2 months which of the following best describes the process?

- A:-Organization
- B:-Dehiscence
- C:-Resolution

D:-Keloid formation

Correct Answer:- Option-D

Question88:-Which of the following terms refer to a malignant tumor of mesenchymal origin?

A:-Carcinoma

B:-Hepatoma

C:-Hematoma

D:-Sarcoma

Correct Answer:- Option-D

Question89:-Diabetic foot is an example of

A:-Dry gangrene

B:-Wet gangrene

C:-Gas gangrene

D:-Inflammation

Correct Answer:- Option-B

Question90:-In the case of SARS in human beings the mode of infection is

A:-Mosquito

B:-Person to person

C:-Poultry birds

D:-Domestic dogs

Correct Answer:- Option-C

Question91:-Chickengunya is transmitted to human by

A:-Aedes

B:-Anophlex

C:-Cutex

D:-Tick

Correct Answer:- Option-A

Question92:-What is meant by Abinivesahah?

A:-Space

B:-Faculty of yoga

C:-Fear of death

D:-All the above

Correct Answer:- Option-C

Question93:-Preparing oneself to the highest form of raja yoga is

A:-Kundalini

B:-Samadhi

C:-Meditation

D:-Pranayama

Correct Answer:- Option-B

Question94:-Krikara is responsible for

A:-Lunger

B:-Blinking

C:-Belching

D:-Hiccups

Correct Answer:- Option-A

Question95:-Contra indication of Nauli

A:-Constipation

B:-Hernia

C:-Acidity

D:-Diarrhoea

Correct Answer:- Option-B

Question96:-Bihar school of yoga was founded by whom?

A:-Swami Niranjanandha

B:-Swami Swatmarama

C:-Swami Sathyanandha

D:-Sivananda Saraswathi

Correct Answer:- Option-C

Question97:-Which of the following is RNA virus?

A:-Human Papilloma Virus

B:-Human-T-cell-Leukemia Virus

C:-Hepatitis B Virus

D:-Epstein Barr-Virus

Correct Answer:- Option-B

Question98:-In malaria the form of plasmodium transmitted to man from mosquito is

A:-Sporozoites

B:-Gametocytes

C:-Merozoites

D:-Trophozoites

Correct Answer:- Option-B

Question99:-Which of the following are most frequent site of venous thrombosis?

A:-Veins of lower extremity

B:-Pelvic veins

C:-Portal veins

D:-Pulmonary veins

Correct Answer:- Option-A

Question100:-Which of the following is not a malignant tumour?

A:-Glioma

B:-Lymphoma

C:-Melanoma

D:-Leiomyoma

Correct Answer:- Option-D