

PROVISIONAL ANSWER KEY

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Exam:	Jr Public Health Nurse II
Medium of Question:	English
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Department	Health Municipal Common service
Alphacode	A

Question1:-The total number of members nominated by the President to Lok Sabha and Rajya Sabha is

- A:-40
- B:-14
- C:-25
- D:-20

Correct Answer:- Option-B

Question2:-Minimum age required to contest for Presidentship is

- A:-40
- B:-25
- C:-35
- D:-30

Correct Answer:- Option-C

Question3:-When was the POCSO (Protection Of Children from Sexual Offences) Act passed

- A:-2012
- B:-1983
- C:-2004
- D:-2013

Correct Answer:- Option-A

Question4:-SABLA Scheme focuses on

- A:-Destitute women
- B:-Maternity benefits
- C:-Victims of commercial sexual exploitation
- D:-Adolescent girls

Correct Answer:- Option-D

Question5:-SNDP Yogam was founded in

- A:-1905
- B:-1903
- C:-1906
- D:-1910

Correct Answer:- Option-B

Question6:-Sadhu Jana Paripalana Sangham was founded by

- A:-K.P. Kesava Menon
- B:-Swami Anandatheertham
- C:-Ayyankali
- D:-Poikayil Yohannan

Correct Answer:- Option-C

Question7:-Shivayoga Vilasam is the famous magazine started by

- A:-Sree Narayana Guru
- B:-Vagbhadananda
- C:-Lalithambika Antharjanam
- D:-G. Sankarakurup

Correct Answer:- Option-B

Question8:-'Daiva Dasakam' is the work of

- A:-Sree Narayana Guru
- B:-Chattampi Swami
- C:-Ayyankali
- D:-V.T. Bhattatiripad

Correct Answer:- Option-A

Question9:-Who is hailed as 'Viplavathinte Sukranakshatram'?

A:-G. Sankara Kurup
B:-Varghese Mappila
C:-S.K. Pottekkad
D:-Kumaran Asan
Correct Answer:- Option-D

Question10:-First fully organic state of India was

A:-Manipur
B:-Sikkim
C:-Delhi
D:-Meghalaya
Correct Answer:- Option-B

Question11:-The 16th summit of the NAM was held at

A:-Iraq
B:-Kuwait
C:-Bahrain
D:-Iran
Correct Answer:- Option-D

Question12:-The paliyam Satyagraha was launched in 1947 by

A:-K. Kelappan
B:-A.K. Gopalan
C:-C. Kesavan
D:-G.P. Pillai
Correct Answer:- Option-C

Question13:-The first Swadeshi printing press at Mannanam in Kottayam started by

A:-Mar Kuriakos Elias Chavara
B:-Makti Thangal
C:-Pampadi John Joseph
D:-Kandathil Varghese Mappila
Correct Answer:- Option-A

Question14:-Who prepared the first lexicon and a grammar work in Malayalam?

A:-Thomas Kathanar
B:-Herman Gundert
C:-Arnos Pathiri
D:-Col. Macaulay
Correct Answer:- Option-C

Question15:-Whose autobiography is this : 'In the Cause of the People'?

A:-A.K. Gopalan
B:-P. Krishna Pillai
C:-K.P. Kesava Menon
D:-T.K. Madhavan
Correct Answer:- Option-A

Question16:-Name the agitation demanding right to vote to the Srimulam Assembly was

A:-Electricity Agitation
B:-Malayali Memorial
C:-Ezhava Memorial
D:-Nivarthana Agitation
Correct Answer:- Option-D

Question17:-The demand for the Constituent Assembly was put forward by the INC in 1936 at its session held at

A:-Kanpur
B:-Bombay
C:-Lahore
D:-Lucknow
Correct Answer:- Option-D

Question18:-Purogamana Sahitya Prasthanam was formed on

A:-1975
B:-1990
C:-1981
D:-1985
Correct Answer:- Option-C

Question19:-'Yachana Yathra' (1931) was led by

- A:-V.T. Bhattathiripad
 - B:-Vaghdadananda
 - C:-Sree Narayana Guru
 - D:-Chattampi Swamikal
- Correct Answer:- Option-A

Question20:-The news paper 'Prabhatam' was started by

- A:-C.V. Kunjiraman
 - B:-EMS
 - C:-K.P. Kesava Menon
 - D:-Vakkom Abdul Khader Maulavi
- Correct Answer:- Option-B

Question21:-The vaccine which is given as intramuscular injection

- A:-Measles vaccine
 - B:-BCG
 - C:-DT
 - D:-OPV
- Correct Answer:- Option-C

Question22:-The green stick type of fracture is common in which of the following group

- A:-children
 - B:-elderly people
 - C:-women
 - D:-obese persons
- Correct Answer:- Option-A

Question23:-Venom of cobra attacks on

- A:-Digestive system
 - B:-Nervous system
 - C:-Circulatory system
 - D:-Respiratory system
- Correct Answer:- Option-B

Question24:-Puerperium is the period in a woman's life which is

- A:-First week after her first menstruation
 - B:-First 6 weeks after delivery
 - C:-First 2 weeks after marriage
 - D:-Period from conception to delivery
- Correct Answer:- Option-B

Question25:-Following is not a staff under primary health center

- A:-Medical officer
 - B:-Health worker female
 - C:-Lab technician
 - D:-CT scan technician
- Correct Answer:- Option-D

Question26:-Following is a disease spread through the urine of rats

- A:-Leptospirosis
 - B:-Chikungunya
 - C:-Malaria
 - D:-Dengue fever
- Correct Answer:- Option-A

Question27:-Which of the following statement about rice is false?

- A:-Milled raw rice contains low amount of vitamin B
 - B:-Husked raw rice is a poor source of calcium
 - C:-Hand pounded undermilled rice is a fair source of B vitamins
 - D:-Par boiling of rice causes loss of thiamine while milling
- Correct Answer:- Option-D

Question28:-At how many weeks of gestation, uterus reaches the level of umbilicus

- A:-32 weeks
- B:-20 weeks
- C:-22 weeks
- D:-12 weeks

Correct Answer:- Option-C

Question29:-MDT is a treatment approach for which disease

A:-AIDS

B:-Leprosy

C:-Tuberculosis

D:-Hepatitis

Correct Answer:- Option-B

Question30:-Mission Indradhanush is a programme related to

A:-Palliative care

B:-Antenatal care

C:-Immunization

D:-Mental health

Correct Answer:- Option-C

Question31:-PAP smear is a simple test to predict the occurrence of _____ in females.

A:-Ovarian cancer

B:-Breast cancer

C:-Oral cancer

D:-Cervical cancer

Correct Answer:- Option-D

Question32:-The relationship of foetal head and limb to it's trunk is _____

A:-Attitude

B:-Lie

C:-Presentation

D:-Polarity

Correct Answer:- Option-A

Question33:-Anganwadis function under which central government programme

A:-BSS

B:-ICDS

C:-NMEP

D:-NRHM

Correct Answer:- Option-B

Question34:-What is the management of postpartum haemorrhage?

A:-Give oxytocic drug

B:-Start an IV infusion

C:-Massage uterine fundus in circular motion

D:-All the above

Correct Answer:- Option-D

Question35:-Which of the following is a description of a 3rd degree tear after delivery?

A:-2 cm long tear on right medio lateral area of vagina after labour

B:-A tear involving vaginal muscles

C:-A tear involving anal sphincter

D:-A tear extending into vaginal mucosa

Correct Answer:- Option-C

Question36:-A child doubles it's birth weight at

A:-6 months

B:-8 months

C:-10 months

D:-12 months

Correct Answer:- Option-A

Question37:-Photo therapy is used to treat _____ in newborns.

A:-Physiological jaundice

B:-Anemia

C:-Convulsions

D:-Fever

Correct Answer:- Option-A

Question38:-For a poor anaemic woman which of the following foods may be added to her diet in plenty

A:-Milk and curds

B:-Green leafy vegetables

C:-Fruits

D:-Cucumber

Correct Answer:- Option-B

Question39:-Kidneys are composed of millions of functional units called _____

A:-Neurones

B:-Rod cells

C:-Nephrons

D:-Follicles

Correct Answer:- Option-C

Question40:-Which day is observed as world TB Day?

A:-October 30

B:-September 29

C:-February 14

D:-March 24

Correct Answer:- Option-D

Question41:-_____ is added to water to remove temporary hardness.

A:-Calcium hydroxide

B:-Ion exchange resins

C:-Sodium carbonate

D:-Calcium carbonate

Correct Answer:- Option-A

Question42:-_____ is the best spacing method for a woman who has one child.

A:-Copper T

B:-Tubectomy

C:-Oral pills

D:-Vasectomy

Correct Answer:- Option-A

Question43:-MTP act came into force in India in the year _____.

A:-1971

B:-1948

C:-1986

D:-1969

Correct Answer:- Option-A

Question44:-Which of the following statements about the rights of children in India is false?

A:-A child has the right for physical emotional and social development

B:-A child's right to survival begins from birth

C:-A child has the right to be protected against all sorts of abuse

D:-A child has the right to participate in any decision directly involving himself

Correct Answer:- Option-B

Question45:-The causative agent of Diphtheria is _____.

A:-Bordetella

B:-Salmonella

C:-Coryne bacterium

D:-Mycobacterium

Correct Answer:- Option-C

Question46:-Obesity is defined as a body mass index

A:-more than 30

B:-less than 18

C:-between 25 to 29

D:-From 20 to 25

Correct Answer:- Option-A

Question47:-AIDS is transmitted by

A:-Bite of bed bugs

B:-Sitting on same bench with a patient

C:-Sexual contact with a patient

D:-Shaking hands with a patient

Correct Answer:- Option-C

Question48:-The incubation period of influenza is

A:-1-2 days

B:-1-2 weeks

C:-15-20 days

D:-1-6 months

Correct Answer:- Option-A

Question49:-The following is a measure to control dengue fever epidemic in your locality

A:-washing hands before eating food

B:-drinking only boiled water

C:-remove all collections of water from old tyres, broken toys etc

D:-covering mouth and nose while in public places with a mask

Correct Answer:- Option-C

Question50:-The following is an advice given to an ante natal woman

A:-Do not wear cotton garments

B:-Do not eat fruits in early pregnancy

C:-Do not take vitamin supplements

D:-Do not take over the counter medicines

Correct Answer:- Option-D

Question51:-Which of the following is a true statement about breast feeding?

A:-Breast feeding will not help in weight gain of a newborn baby

B:-If a baby develops diarrhoea breast feeding may be stopped temporarily

C:-Breast feeding should be started 2 hours after normal delivery

D:-Breast feeding promotes bonding between mother and baby

Correct Answer:- Option-D

Question52:-Meconium is _____.

A:-Blood in urine

B:-First stool of a new born

C:-Breast milk produced in the first few days after delivery

D:-Discharge from uterus after delivery

Correct Answer:- Option-B

Question53:-Pentavalent vaccine will NOT protect a baby against the following disease

A:-Hepatitis

B:-Pertussis

C:-Polio

D:-Diphtheria

Correct Answer:- Option-C

Question54:-Ratio of cardiac compression to ventilation in giving basic life support for an adult is

A:-15 : 2

B:-20 : 2

C:-30 : 2

D:-40 : 2

Correct Answer:- Option-C

Question55:-Oral pills should not be given to a woman with

A:-Menstrual problems

B:-Hypertension

C:-Asthma

D:-Vaginal infection

Correct Answer:- Option-B

Question56:-The expected date of delivery of a woman with LMP on January 20 is

A:-July 20

B:-October 20

C:-September 27

D:-October 27

Correct Answer:- Option-D

Question57:-The process of developing and providing planned experiences to supply information, change attitudes and influence behavior is

A:-Health promotion

B:-Wellness

C:-Health education

D:-Coordinated school health

Correct Answer:- Option-C

Question58:-An android pelvis is one which has

- A:-Kidney shaped brim
- B:-5th lumbar vertebra fused to sacrum
- C:-Heart shaped brim
- D:-Ovoid brim

Correct Answer:- Option-C

Question59:-An increase in thyroid hormone results in

- A:-Addison's disease
- B:-Cretinism
- C:-Cushing's disease
- D:-Grave's disease

Correct Answer:- Option-D

Question60:-The UV radiation from the sun is likely to cause _____ in human.

- A:-Skin cancer
- B:-Lung cancer
- C:-Liver cancer
- D:-Brain cancer

Correct Answer:- Option-A

Question61:-Which of the following correctly lists the items from smallest to largest?

- A:-DNA, genome, chromosome, gene
- B:-DNA, gene, chromosome, genome
- C:-Genome, gene, DNA, chromosome
- D:-Gene, genome, DNA, chromosome

Correct Answer:- Option-B

Question62:-Which of the following is not a function of medulla oblongata?

- A:-Coordination of skeletal muscles
- B:-Control of heart beat
- C:-Control of respiratory rate
- D:-Control of digestion

Correct Answer:- Option-A

Question63:-The normal human uterus is described as

- A:-unicornuate
- B:-anteverted
- C:-bicornuate
- D:-subseptate

Correct Answer:- Option-B

Question64:-The normal head circumference in a new born baby is

- A:-35-40 cm
- B:-33-35 cm
- C:-20-30 cm
- D:-45-50 cm

Correct Answer:- Option-B

Question65:-Which of the following is an indication for induction of labor?

- A:-Unreliable EDD
- B:-Cephalopelvic disproportion
- C:-Malpresentation
- D:-Previous large baby

Correct Answer:- Option-D

Question66:-_____ is a deworming agent.

- A:-Permethrin
- B:-Amoxicillin
- C:-Mebendazole
- D:-Lysol

Correct Answer:- Option-C

Question67:-Bad breath is called

- A:-Tuberculosis
- B:-Halitosis
- C:-Pediculosis
- D:-Mycoses

Correct Answer:- Option-B

Question68:-The first sign of dehydration in a child with diarrhoea is

- A:-pinched skin retracts slowly
- B:-unconsciousness
- C:-increased thirst
- D:-sunken fontanelles

Correct Answer:- Option-C

Question69:-One sub centre covers the area of _____ population in general.

- A:-5000
- B:-10000
- C:-20000
- D:-30000

Correct Answer:- Option-A

Question70:-"Rules of nines" helps to identify the severity of

- A:-haemorrhage
- B:-burns
- C:-growth retardation
- D:-physical disability

Correct Answer:- Option-B

Question71:-The following shows bleeding from an artery

- A:-colour of blood is dark red
- B:-blood oozes slowly
- C:-profuse continuous bleeding
- D:-blood squirts intermittently

Correct Answer:- Option-D

Question72:-Heimlich maneuver is used as a first aid for managing

- A:-choking
- B:-poisoning
- C:-shock
- D:-burns

Correct Answer:- Option-A

Question73:-Iso sorbid dinitrate is a drug used in the treatment of which of the following diseases

- A:-Heart disease
- B:-Infection
- C:-Hypertension
- D:-Cancer

Correct Answer:- Option-A

Question74:-Normal haemoglobin for adult female is

- A:-10-12 gm%
- B:-13-17 gm%
- C:-16-18 gm%
- D:-12-15 gm%

Correct Answer:- Option-D

Question75:-"Quickening" occurs in primy gravida at _____ weeks of pregnancy.

- A:-10-12 weeks
- B:-18-20 weeks
- C:-20-24 weeks
- D:-26-28 weeks

Correct Answer:- Option-B

Question76:-Chlorpheniramine is an _____ group of drug.

- A:-Anticonvulsant
- B:-Antihistamine
- C:-Antacid
- D:-Antibiotic

Correct Answer:- Option-B

Question77:-One pint is equal to _____ ml.

- A:-150
- B:-200
- C:-350
- D:-500

Correct Answer:- Option-D

Question78:-The direct cause of bed sore in a patient with incontinence of urine is _____.

- A:-Pathogens
- B:-Friction
- C:-Pressure
- D:-Moisture

Correct Answer:- Option-D

Question79:-Inflammation of tongue is _____.

- A:-Glossitis
- B:-Stomatitis
- C:-Gingivitis
- D:-Sinusitis

Correct Answer:- Option-A

Question80:-Premature separation of a normally situated placenta after 28th week of pregnancy is

- A:-placenta praevia
- B:-habitual abortion
- C:-placental abruption
- D:-vesicular mole

Correct Answer:- Option-C

Question81:-The hormone which is produced from pineal gland is

- A:-Calcitonin
- B:-Progesterone
- C:-Ghrelin
- D:-Melatonin

Correct Answer:- Option-D

Question82:-The name of presentation in which the buttocks of foetus lies in the lower pole of uterus

- A:-vertex
- B:-face
- C:-brow
- D:-breech

Correct Answer:- Option-D

Question83:-One gram of fat gives _____ calory energy when broken down.

- A:-9 calories
- B:-8 calories
- C:-4 calories
- D:-2 calories

Correct Answer:- Option-A

Question84:-Which of the following is a killed vaccine?

- A:-OPV
- B:-BCG
- C:-MMR
- D:-Rabies

Correct Answer:- Option-D

Question85:-The type of isolation technique used in conditions when pathogens are transmitted through fecal matter is

- A:-respiratory isolation
- B:-enteric isolation
- C:-skin isolation
- D:-blood isolation

Correct Answer:- Option-B

Question86:-Immediate treatment of dog bite is

- A:-Hospitalize
- B:-Application of antiseptic
- C:-Wash wound with soap and water
- D:-Suturing of wound

Correct Answer:- Option-C

Question87:-In an autoclave temperature set for sterilization should be

- A:-63° C
- B:-90° C
- C:-121° C

D:-115° C

Correct Answer:- Option-C

Question88:-Who discovered the Polio vaccine?

A:-Louis Pasteur

B:-Jonas Salk

C:-Konrad Zuse

D:-Eli Whitney

Correct Answer:- Option-B

Question89:-Insects responsible for transmitting diseases are called

A:-Transmitter

B:-Drones

C:-Vector

D:-Conductor

Correct Answer:- Option-C

Question90:-Which of the following blood pressure value denotes hypotension?

A:-120/80 mm of Hg

B:-130/90 mm of Hg

C:-160/110 mm of Hg

D:-80/60 mm of Hg

Correct Answer:- Option-D

Question91:-Which of the following foods has the highest protein content?

A:-Cereals

B:-Legumes

C:-Millets

D:-Tubers

Correct Answer:- Option-B

Question92:-Mark the correct statement :

A:-All sperms fertilize all eggs

B:-Eggs are fertilized by many sperms

C:-Each egg is usually fertilized by one sperm

D:-Each sperm fertilizes one egg

Correct Answer:- Option-C

Question93:-The disease caused by deficiency of protein in children is called

A:-Pellagra

B:-Marasmus

C:-Beri-Beri

D:-Rickets

Correct Answer:- Option-B

Question94:-The richest source of Vitamin A is

A:-Cheese

B:-Milk

C:-Spinach

D:-Cod liver oil

Correct Answer:- Option-D

Question95:-The second stage of labor extends from

A:-full dilatation of cervix to the birth of baby

B:-starting of true labor pains to full dilatation of cervix

C:-from birth of baby to the expulsion of placenta

D:-from engagement of foetal head to the rupture of membranes

Correct Answer:- Option-A

Question96:-The milk of which of the following mammal has highest content of fat?

A:-Buffalo

B:-Human

C:-Goat

D:-Cow

Correct Answer:- Option-A

Question97:-Which of the following indicates impending eclampsia in a woman with pre eclampsia?

A:-Fatigue

B:-Headache

C:-Oedema of feet

D:-Vaginal bleeding

Correct Answer:- Option-B

Question98:-Pigmentation of skin is due to

A:-Leucocytes

B:-Lymphocytes

C:-Monocytes

D:-Melanocytes

Correct Answer:- Option-D

Question99:-Which of the following is a hormonal contraceptive?

A:-Depo provera

B:-Diaphragm

C:-Male condoms

D:-Spermicidal jelly

Correct Answer:- Option-A

Question100:-Which among the following hormone can be used as a drug to treat cardiac arrest?

A:-Thyroxin

B:-Calcitonin

C:-Epinephrine

D:-Insulin

Correct Answer:- Option-C