

PROVISIONAL ANSWER KEY

Question Paper Code:	60/2016/OL
Category Code:	386/2012
Exam:	Lecturer in various subjects Ayurveda NCA
Medium of Question:	English
Date of Test	15-07-2016
Alphacode	A

Question1:-Besides the Preamble and Appendix what is the content of Indian Constitution now ?

- A:-12 Parts 395 Artcles and 10 Schedules
 - B:-22 Parts 396 Artcles and 12 Schedules
 - C:-22 Parts 394 Artcles and 12 Schedules
 - D:-22 Parts 396 Artcles and 10 Schedules
- Correct Answer:- Option-B

Question2:-Who was the first Chief Justice ?

- A:-Mehand Chand Mahajan
 - B:-M. Patanjali Sastri
 - C:-Sudhi Ranjan Das
 - D:-Harilal J. Kaniya
- Correct Answer:- Option-D

Question3:-Rural Employment Guarantee law came in practice at

- A:-2005 September 6
 - B:-2005 September 7
 - C:-2006 October 6
 - D:-2006 October 7
- Correct Answer:- Option-B

Question4:-The first Christian missionary who gave great attention to educational activities of Kerala

- A:-Rev. Mead
 - B:-Rev. Dasun
 - C:-Ringle Tab
 - D:-Mr. Brunnen
- Correct Answer:- Option-A

Question5:-Among the following leaders who was not related with Malayali Memmorial ?

- A:-G.P. Pillai
 - B:-Dr. T. Palppu
 - C:-C.V. Raman Pillai
 - D:-T.K. Madhavan
- Correct Answer:- Option-D

Question6:-Arrange the following events in the correct chronological sequence

1. Abstention Movement
 2. Guruvayur Satyagraha
 3. Temple Entry Proclamation
 4. Civil Disobedience Movement
- A:-4, 1, 2, 3
 - B:-1, 4, 2, 3
 - C:-1, 2, 4, 3
 - D:-4, 2, 1, 3
- Correct Answer:- Option-D

Question7:-Which among the following is related with the `74^(th)` Amendment of our Constitution ?

- A:-The status of Delhi as Metropolitan Territory
 - B:-The inclusion of Delhi and Pondicherry Legislative members to the electoral college
 - C:-The terms of power and responsibilities of Panchayath Raj
 - D:-The terms of power and responsibilities of Municipality
- Correct Answer:- Option-D

Question8:-The Chairman of National Green Tribunal is

- A:-J.S. Varma
- B:-B.N. Kripal
- C:-L.S. Pantha

D:-K.N. Sinh

Correct Answer:- Option-C

Question9:-The concept of concurrent list in our constitution is adopted from

A:-Australia

B:-Canada

C:-Germany

D:-Ireland

Correct Answer:- Option-A

Question10:-The organisation which worked behind to make the Right of Information a reality is

A:-Bahujan Sakthi Sangadan

B:-Mazdoor Kisan Ekatha Sangadan

C:-Mazdoor Kisan Sakthi Sangadan

D:-None of the above

Correct Answer:- Option-C

Question11:-Which among the following work is not related with Sree Narayana Guru ?

A:-Jathi Meemamsa

B:-Nirvruthi Panchakam

C:-Nijanda Vilasam

D:-Gajendra Moksham Vanchippatt

Correct Answer:- Option-C

Question12:-What was the former name of Brahmananda Sivayogi ?

A:-Kunhi Krishnan

B:-Krishnan Nambyathiri

C:-Sankara Menon

D:-Govinda Menon

Correct Answer:- Option-D

Question13:-The first political drama of Kerala is

A:-Pattabakki

B:-Nammalonnu

C:-Ningalenne Communistakki

D:-Adukkalayil Ninn Arangatheyk

Correct Answer:- Option-A

Question14:-Which among the following is not related with the 'Mini Constitution' of 1976 ?

A:-Amendment of `VII^(th)` Schedule

B:-Amendment of `IX^(th)` Schedule

C:-Adding the words Socialist, Secular and Integrity to Preamble

D:-Adding Fundamental Duties

Correct Answer:- Option-B

Question15:-The total seats of `16^(th)` Lok Sabha

A:-541

B:-543

C:-531

D:-523

Correct Answer:- Option-B

Question16:-Under the editorship of C. Krishnan which daily was published ?

A:-Samadarsi

B:-Yukthivadi

C:-Mithavadi

D:-Vivekodayam

Correct Answer:- Option-C

Question17:-Who is the founder of Arya Samajam ?

A:-Ayathan Gopalan

B:-K.P. Vellon

C:-K.P. Karuppan

D:-Velukutty Aryan

Correct Answer:- Option-C

Question18:-'Aikkara Naduvazhi's reception' was organised by

A:-Palakkunnath Abraham Malpan

B:-Pambadi John Joseph

C:-Poikayil Yohannan

D:-M.C. Joseph

Correct Answer:- Option-B

Question19:-'Anadha Mandirangal' is written by

A:-Thakazhi Sivasankara Pillai

B:-Kesava Dev

C:-Ponkunnam Varkey

D:-Vaikom Muhammed Basheer

Correct Answer:- Option-A

Question20:-The first successful step of ISRO to reach man into space

A:-GSLV Mark III

B:-GSLV Mark IV

C:-PSLV P-3

D:-PSLV P-24

Correct Answer:- Option-A

Question21:-Which among these is the opposite guna of Slakshna ?

A:-Sookshma

B:-Pichila

C:-Kathina

D:-Khara

Correct Answer:- Option-D

Question22:-'Prabhahani' is a lakshanas mentioned in

A:-Pittakshaya

B:-Asthikshaya

C:-Mamsakshaya

D:-Kaphakshaya

Correct Answer:- Option-A

Question23:-Which among the following Rasas does not have Katu Vipaka ?

A:-Katu

B:-Lavana

C:-Tikta

D:-Kashaya

Correct Answer:- Option-B

Question24:-Ghranendriya is the seat of

A:-Vayu

B:-Pitta

C:-Kapha

D:-Rakta

Correct Answer:- Option-C

Question25:-Lavana rasa is predominantly made of which bhutas ?

A:-Bhumi-Jala

B:-Jala-Agni

C:-Agni-Bhumi

D:-Agni-Vayu

Correct Answer:- Option-B

Question26:-Which among the following does not include among Ashta Vidha Veeryas ?

A:-Guru

B:-Rooksha

C:-Hima

D:-Sookshma

Correct Answer:- Option-D

Question27:-The Kapha situated in tongue is

A:-Kledaka

B:-Sleshaka

C:-Bodhaka

D:-Avalambaka

Correct Answer:- Option-C

Question28:-Ojas get decreased due to all except

A:-Daya

- B:-Kshut
- C:-Dhyana
- D:-Kopa

Correct Answer:- Option-A

Question29:-Nadika is a time period of

- A:-24 minutes
- B:-45 minutes
- C:-48 minutes
- D:-36 minutes

Correct Answer:- Option-A

Question30:-The causative organism of Plague is

- A:-Rotundum Plagorum
- B:-Yersinia Plagea
- C:-Plagiarum quantis
- D:-Yersinia Pestis

Correct Answer:- Option-D

Question31:-Basic cause for Janapadodhwamsa is

- A:-Dirty water and air
- B:-Dirty land and water
- C:-Dirty climate
- D:-Adharma

Correct Answer:- Option-D

Question32:-Which among the following ritus come under Dakshinayana ?

- A:-Varsha
- B:-Vasanta
- C:-Sisira
- D:-Greeshma

Correct Answer:- Option-A

Question33:-Charaka indicates Bala, Shukla, Rasa, Kapha, Meda and Majja Vriddhi by

- A:-Ghrita seva
- B:-Taila seva
- C:-Majja seva
- D:-Vasa seva

Correct Answer:- Option-C

Question34:-Sneha is not contra indicated in

- A:-Galaroga
- B:-Timira
- C:-Urusthambha
- D:-Trishna

Correct Answer:- Option-B

Question35:-Which among the following is not indicated for upanaha in Ashtanga Hridaya ?

- A:-Shatahva
- B:-Yavasha
- C:-Devadaru
- D:-Vach

Correct Answer:- Option-B

Question36:-Exclude Vamana Anarha from the following

- A:-Sleepada
- B:-Rajyakshma
- C:-Sthula
- D:-Visarpa

Correct Answer:- Option-C

Question37:-'Phena chandrakarakavat' is explained in

- A:-Vasthi Atiyoga
- B:-Virechana Atiyoga
- C:-Nasya Atiyoga
- D:-Vamana Atiyoga

Correct Answer:- Option-D

Question38:-Niruha matra according to Vagbhata for a 16 year old is

- A:-6 Prasruta
- B:-8 Prasruta
- C:-10 Prasruta
- D:-16 Prasruta

Correct Answer:- Option-C

Question39:-Which type of Nasya is indicated in Suryavarta, Vaksanga and Swarakshaya ?

- A:-Virechana
- B:-Brimhana
- C:-Shamana
- D:-None of these

Correct Answer:- Option-B

Question40:-How many Snehavastis are given at the end of Karmavasti ?

- A:-5
- B:-3
- C:-8
- D:-12

Correct Answer:- Option-A

Question41:-Susrutha explained Shadkriyakala in Vranaprasna chapter because

- A:-The idea can be demonstrated and understood by Vrana
- B:-Contextually mentioned while describing Vrana
- C:-Susrutha is having surgical school of thought
- D:-All the above

Correct Answer:- Option-A

Question42:-One of the important Ekadasaroopa - Jwara is precipitated when dosha is in

- A:-Urdhwa baga
- B:-Adha baga
- C:-Thiryakstha
- D:-Sandhiga

Correct Answer:- Option-D

Question43:-Types of Swasa Roga described by Vagbhata are _____ in number.

- A:-Three
- B:-Four
- C:-Five
- D:-Six

Correct Answer:- Option-C

Question44:-Adhoga Rakthapitta is

- A:-Saadhya
- B:-Yapya
- C:-Asaadhya
- D:-Kruchrasaadya

Correct Answer:- Option-B

Question45:-In the listed pair of conditions Samana occurs without any medicine

- A:-Mada and Sanyasa
- B:-Moorchaya and Sanyasa
- C:-Mada and Moorchaya
- D:-None of the above

Correct Answer:- Option-C

Question46:-Oupasargika Thrishna is a _____ Roga.

- A:-Swathantra Roga
- B:-Upadavaroga
- C:-Poorva roopa
- D:-All the above

Correct Answer:- Option-B

Question47:-Rooksha durdarsana type of Arsas can be seen in

- A:-Sahajarsas
- B:-Vathajarsas
- C:-Pittajarsas
- D:-Vatha pittajarsas

Correct Answer:- Option-A

Question48:-Athisaara can be differentiated from Grhani mainly by

- A:-Symptom analysis
 - B:-Jeerna kaala
 - C:-Constituents of stool
 - D:-Generalized abdominal pain
- Correct Answer:- Option-B

Question49:-The important complication of Arsas is

- A:-Athisaara
 - B:-Bleeding
 - C:-Udavartha
 - D:-Pravahika
- Correct Answer:- Option-C

Question50:-Doshavrutha Madhumeha is

- A:-Asaadya
 - B:-Kruchrasadya
 - C:-Yaapya
 - D:-Saadya
- Correct Answer:- Option-D

Question51:-Haaridrameha can be differentiated from Raktha pitta, on the basis of screening of

- A:-Poorva roopa
 - B:-Lakshanas
 - C:-Upasaya
 - D:-All the above
- Correct Answer:- Option-A

Question52:-Apabahuka is a _____ Roga.

- A:-Sandhi gata vata
 - B:-Naadi/Sira
 - C:-Dathukshayaja
 - D:-Avarana vata
- Correct Answer:- Option-B

Question53:-In Vathasonitha the Poorvarooopa is similar to

- A:-Visarpa
 - B:-Vataroga
 - C:-Kushtaroga
 - D:-Rakthapittaroga
- Correct Answer:- Option-C

Question54:-In Aganthuja Jwara the treatment is

- A:-Langhana
 - B:-Samana
 - C:-Sodhana
 - D:-All the above
- Correct Answer:- Option-B

Question55:-In Jwara, Peya is contra indicated in

- A:-Alcoholics
 - B:-Pittakaphadika
 - C:-Accompanied by Thrishna
 - D:-All the above
- Correct Answer:- Option-D

Question56:-Ghrutha in Jwara is indicated when

- A:-Amavastha
 - B:-Pakwavastha
 - C:-In Amavastha and Pakwavastha
 - D:-Should not be given
- Correct Answer:- Option-B

Question57:-Sarpiguda is described in

- A:-Rasayana chikitsa
- B:-Vajeekarana chikitsa
- C:-Kasa chikitsa
- D:-Gulma chikitsa

Correct Answer:- Option-C

Question58:-Swasahidma due to Kshatha and followed by Athisara and Daha, the treatment should be of _____ predominant.

A:-Madhura Snigda Seetha

B:-Katu Rooksha Ushna

C:-Thiktha Rookha Seetha

D:-Katu Theeshna Ushna

Correct Answer:- Option-A

Question59:-For the treatment of Gulma (instead of Ksheera) _____ is used for the preparation of Shadpala Ghrutha, described in Rajayakshma.

A:-Prasanna

B:-Sura

C:-Dhadimarasa

D:-Any one of the above

Correct Answer:- Option-D

Question60:-Amathisara accompanied by Soola, Anaha and Praseka then _____ treatment has to be adopted.

A:-Anulomana

B:-Vamana

C:-Grahi

D:-Varthi

Correct Answer:- Option-B

Question61:-A patient with Prameha complaints of Thrishna. The first one to be treated is

A:-Prameha

B:-Subsides after some time

C:-Prameha and Thrishna

D:-Thrishna

Correct Answer:- Option-D

Question62:-Hingutriguna is described in

A:-Athisaara chikitsa

B:-Grahani chikitsa

C:-Gulma chikitsa

D:-Muthraghata chikitsa

Correct Answer:- Option-C

Question63:-After digestion of Padolamooladhi Kashaya _____ diet is prescribed.

A:-Mamsarasa with Puranasalyodana

B:-Milk with shashtika

C:-Thakrodana and yava

D:-Fruits and leafy vegetables

Correct Answer:- Option-A

Question64:-The most appropriate treatment at first to be adopted for Visarpa is

A:-Langhana

B:-Snehana

C:-Rookshana

D:-Langhana Rookshana

Correct Answer:- Option-D

Question65:-As per Ashtanga Hridaya, _____ is the anupana of "Pathya-kusthumabryadi kashaya" in jwara.

A:-Sita

B:-Tippali churna

C:-Madhu-hingu

D:-Madhu

Correct Answer:- Option-C

Question66:-Which among is not a common ingredient in ashta churna and vaiswanara churna ?

A:-Ajamoda

B:-Kana

C:-Jeeraka

D:-Saindava

Correct Answer:- Option-C

Question67:-As per Ashtanga Hridaya, _____ is not indicated for 'paschat pana' after use of kautaja triphala.

A:-Dadima-ambu

B:-Pakshi rasa

C:-Payas

D:-Gudambu

Correct Answer:- Option-D

Question68:-Main ingrideint in trayanthadi kashayam.

A:-Masoor

B:-Trivrit

C:-Trayanthi

D:-Patola

Correct Answer:- Option-A

Question69:-Amount of madhuyashti mentioned in standard preparation of madhu yasthyadi thaila ____ pala.

A:-50

B:-10

C:-1

D:-100

Correct Answer:- Option-D

Question70:-Manibhadra gula is indicated for _____ days usage.

A:-30

B:-41

C:-90

D:-365

Correct Answer:- Option-A

Question71:-During preparation of thaleesapathradi vataka, _____ is indicated, instead of nagara, if patient is having 'vid-graha'.

A:-Trivrit

B:-Hareethaki

C:-Amalaki

D:-Triphala

Correct Answer:- Option-B

Question72:-_____ is "deepana pachana grahi ruchyo bimbishi nashana".

A:-Kapithashtaka choorna

B:-Picha vasthi

C:-Aparajitha khalam

D:-Dadimashtaka choorna

Correct Answer:- Option-C

Question73:-Anupana of guggulu panchapala choorna

A:-Madhu

B:-Sitha

C:-Guggulu

D:-Lohabhasma

Correct Answer:- Option-A

Question74:-"Etat param cha balaanam grahagnam dehavardhanam" is mentioned about

A:-Kalyanakam ghritam

B:-Danwantharam ghritam

C:-Pushyanuka choornam

D:-Phala sarpis

Correct Answer:- Option-D

Question75:-_____ rasayana is mentioned as 'gutika' form (once daily) and usage for 360 days.

A:-Langalyadi rasayana

B:-Pippali rasayana

C:-Kanmada rasayana

D:-Jala rasayana

Correct Answer:- Option-A

Question76:-Kalka used during preparation of mayoora ghrita

A:-Dasamoola

B:-Mayoora mamsa

C:-Triphala

D:-Madhura dravyas

Correct Answer:- Option-D

Question77:-Part of karanja used in preparation of Vilwadi gulika

- A:-Samoola
- B:-Phala
- C:-Patra
- D:-Moola

Correct Answer:- Option-B

Question78:-Which visha subsides in 21 days ?

- A:-Agkhu
- B:-Lootha
- C:-Vyanthira sarpa
- D:-Vrishchika

Correct Answer:- Option-B

Question79:-Dahana with 'kanda' is indicated in treatment of which visha ?

- A:-Manusha
- B:-Mandali sarpa
- C:-Agkhu
- D:-Lootha

Correct Answer:- Option-C

Question80:-'Himavan' is another name of which medicine used in visha chikitsa ?

- A:-Panchavalkyadi agada
- B:-Vilwadi gulika
- C:-Shireesha beejadi gulika
- D:-Swarna

Correct Answer:- Option-A

Question81:-Length of 'Sringa yantra' is _____ angula.

- A:-24
- B:-18
- C:-12
- D:-16

Correct Answer:- Option-B

Question82:-'prano hi abhyantra nrinaam bahya prana gunanwita'. The context is

- A:-Ahara before sastra-karma
- B:-Marmabhighata
- C:-Vrana pathyapathya
- D:-Vata guna

Correct Answer:- Option-A

Question83:-Treatment indicated for sneha dagda

- A:-Ushna kriya
- B:-Rooksha kriya
- C:-Snigda kriya
- D:-Rest

Correct Answer:- Option-B

Question84:-Select the 'savisha' jalouka

- A:-Pingala
- B:-Savarika
- C:-Sankha mukhi
- D:-Karbura

Correct Answer:- Option-D

Question85:-Which acharya mentions the disease "Parvanuplava" ?

- A:-Susrutha
- B:-Kashyapa
- C:-Vagbhata
- D:-Charaka

Correct Answer:- Option-C

Question86:-Stanya dushti caused by shakuni graha is

- A:-Swaduthikta
- B:-Katuthikta
- C:-Kashayathikta
- D:-Swadukatuka

Correct Answer:- Option-B

Question87:-Dosha dushti in Anamaka is of

- A:-Pitta kapha
- B:-Kapha vata
- C:-Pitta vata
- D:-Sannipathika

Correct Answer:- Option-A

Question88:-According to Kashyapa "sarvaguna sampanna" danta forms in _____ month.

- A:-5
- B:-6
- C:-7
- D:-8

Correct Answer:- Option-D

Question89:-According to Susrutha the disease vandhya is

- A:-Vathika
- B:-Paithika
- C:-Kaphaja
- D:-Sannipathika

Correct Answer:- Option-A

Question90:-In transvaginal sonography fetal pole is detected earliest by _____ menstrual weeks.

- A:-4
- B:-6
- C:-8
- D:-10

Correct Answer:- Option-B

Question91:-Pushyanuga choorna is to be taken along with

- A:-Tandulodaka and ghee
- B:-Tandulodaka and honey
- C:-Honey and ghee
- D:-Tandulodaka and saindhava

Correct Answer:- Option-B

Question92:-Which ghrita has the following property "Vandhya cha peetwa labhate cha garbham" ?

- A:-Dhatryadi ghritam
- B:-Shatavaryadi ghritam
- C:-Maha kalyanakam ghritam
- D:-Ashoka ghritam

Correct Answer:- Option-A

Question93:-Which of these is sadhya ?

- A:-Hraswa
- B:-Gambheera
- C:-Vatikalinganasha
- D:-Pittavidagdha

Correct Answer:- Option-D

Question94:-According to Vagbhata _____ is best for gandoosha in mukhashosha.

- A:-Ushnodaka
- B:-Madhu
- C:-Dhanyamla
- D:-Ghrita

Correct Answer:- Option-C

Question95:-Which shastra is used for chedana of karna, nasa arshas ?

- A:-Karapatra
- B:-Sarpasya
- C:-Badisha
- D:-Karthari

Correct Answer:- Option-B

Question96:-Matra of tarpana in diseases of shuklamandala

- A:-500
- B:-600
- C:-700

D:-800

Correct Answer:- Option-A

Question97:-Which rasayana is said to be "... medhyam gavaamapi" ?

A:-Chatushkuvalaya

B:-Pancharavinda

C:-Mandookaparni

D:-Brahmi

Correct Answer:- Option-A

Question98:-Which of the following is "lokadwaya rasayanam" ?

A:-Manonigraha

B:-Maithuna

C:-Sadachara

D:-Brahmacharya

Correct Answer:- Option-D

Question99:-Which of the following is "... soukumaryakaram keshyam vayasa sthapanam param" ?

A:-Shatavari

B:-Lashuna

C:-Shatapushpa

D:-Punarnava

Correct Answer:- Option-B

Question100:-This yoga is beneficial for "...gadgadanam aretasam"

A:-Amritaprasha ghrita

B:-Mahanarayana tailam

C:-Kalyanaka ghritam

D:-Brahma rasayanam

Correct Answer:- Option-C