

# PROVISIONAL ANSWER KEY

Question Paper Code:	36/2018/OL
Category Code:	563/2017
Exam:	Specialist Manasika
Medium of Question:	English
Date of Test	11-07-2018
Department	Indian Systems of Medicine
Alphacode	A

Question1:-What is known as 'Fromology' ?

- A:-Study of butter
- B:-Study of truth
- C:-Study of fruits
- D:-Study of flags

Correct Answer:- Option-A

Question2:-Which blood group is without antibodies ?

- A:-O
- B:-A
- C:-AB
- D:-B

Correct Answer:- Option-C

Question3:-What is the colour of the universe ?

- A:-Blue
- B:-Black
- C:-White
- D:-Red

Correct Answer:- Option-B

Question4:-Which tree affects pink disease ?

- A:-Coconut
- B:-Rubber
- C:-Teak
- D:-Sal

Correct Answer:- Option-B

Question5:-'Kunthipuzha' is the tributary of

- A:-Bharathapuzha
- B:-Kabani
- C:-Pampar
- D:-Bhavani

Correct Answer:- Option-A

Question6:-Who wrote the book "Christumatha Chethanam" ?

- A:-Chattampi Swami
- B:-St. Chavara
- C:-Poikayil Yohannam
- D:-Vivekandan

Correct Answer:- Option-A

Question7:-The article 360 related to

- A:-State emergency
- B:-National emergency
- C:-Financial emergency
- D:-Fundamental duties

Correct Answer:- Option-C

Question8:-The constitutional amendment 101 is related to

- A:-G.S.T. bill
- B:-Right to Information Act
- C:-Voting age
- D:-Mini Constitution

Correct Answer:- Option-A

Question9:-Who founded the temple "Nizhal Tangal" ?

A:-Ayyankali  
B:-Dr. Palpu  
C:-Vaikunda Swamikkal  
D:-Thaikkattu Ayya  
Correct Answer:- Option-C

Question10:-Who founded the religion "Ayyavazhi" ?

A:-Vaikunda Swamikkal  
B:-Thaikkattu Ayya  
C:-Chattampi Swami  
D:-Ayyankali

Correct Answer:- Option-A

Question11:-Who is known as "Alathur Swamikal" ?

A:-Thaikkattu Ayya  
B:-Brahmanda Siva Yogi  
C:-Vaikunda Swamikkal  
D:-Ananda Thirthan

Correct Answer:- Option-B

Question12:-Who wrote the book "Druva Charitram" ?

A:-Chattampi Swami  
B:-Poikayil Yohannan  
C:-Sree Narayana Guru  
D:-Pandit Karuppan

Correct Answer:- Option-D

Question13:-Who is known as the "Father of Modern Malayalam Oratory" ?

A:-Pandith Karuppan  
B:-Ananda Thirthan  
C:-Sahodaran Ayyappan  
D:-V. T. Bhattathiripad

Correct Answer:- Option-C

Question14:-The Ezhava Memorial submitted to

A:-Ravi Gauri Bhai  
B:-Sree Visakam Tirunal  
C:-Sree Uthram Tirunal  
D:-Sree Moolam Thirunna

Correct Answer:- Option-D

Question15:-Who is the volunteer captain of Guruvayoor Satyagraha ?

A:-K. Kelappan  
B:-A. K. Gopalan  
C:-Mannathu Padmanabhan  
D:-Changanasseri Parameswaran Pillai

Correct Answer:- Option-B

Question16:-Who wrote the book 'Benjamin Franklin' in Malayalam ?

A:-Vakkom Abdul Khadir Maulavi  
B:-Mannath Padmanabhan  
C:-Swadeswami Ramakrishna Pillai  
D:-St. Chavara

Correct Answer:- Option-C

Question17:-Who was known as "Navodthanthinte Kavi" ?

A:-Kumaranasan  
B:-Akkitham Achutham Nambodiri  
C:-K. P. Appan  
D:-A. Ayyappan

Correct Answer:- Option-A

Question18:-Who called Ayyankali as 'Pulaya Raja' ?

A:-Rabindranath Tagore  
B:-Mahatma Gandhi  
C:-Swami Vivekananda  
D:-Sree Narayana Guru

Correct Answer:- Option-B

Question19:-Who is known as Father of Muslim Renaissance in Kerala ?

- A:-Abdul Khadir Maulavi
  - B:-P. V. Abdul Wahab
  - C:-K. M. Kader Mohideen
  - D:-C. H. Muhammed Koya
- Correct Answer:- Option-A

Question20:-Who is known as 'Madan Mohan Malavya' of Kerala ?

- A:-K. Kelappan
  - B:-Pandit Karuppan
  - C:-Mannathu Padmanabhan
  - D:-Poikayil Yohannan
- Correct Answer:- Option-C

Question21:-According to Charaka '**Manas**' is termed as '**Satwa**' because

- A:-It is Atheendriya
  - B:-It is Sharira Thantraka
  - C:-It is Ubhayendriya
  - D:-In connection with soul it operates Sharira
- Correct Answer:- Option-D

Question22:-'**Manoarthas**' are included by Charaka in

- A:-Navadravya
  - B:-Paradiguna
  - C:-Adhyatma dravya
  - D:-Both 2 and 3
- Correct Answer:- Option-C

Question23:-Name the primary stage in the cognitive development of a child

- A:-Sensorimotor
  - B:-Preoperational
  - C:-Concrete operational
  - D:-Formal operational
- Correct Answer:- Option-A

Question24:-According to Susrutha '**Vaikarika Nidra**' occurs, where the condition of '**dosha**' is

- A:-Increased kapha and pitha
  - B:-Increased kapha and decreased vatha
  - C:-Decreased kapha and increased vatha
  - D:-Increased vatha and kapha
- Correct Answer:- Option-C

Question25:-According to Susrutha on month '6^(th)' '**Garbhastha Shishu**' gets

- A:-Budhi
  - B:-Manaprathibudhatha
  - C:-Both A) and B)
  - D:-Angaprathyanga
- Correct Answer:- Option-A

Question26:-Sigmund Frued's most fundamental principle in psychological concept is

- A:-Subconscious motivation
  - B:-Instincts
  - C:-Preconscious motivation
  - D:-Unconscious motivation
- Correct Answer:- Option-D

Question27:-According to Charaka '**Unmada**' is the '**vibhrama**' condition of

- A:-9 factors
  - B:-8 factors
  - C:-4 factors
  - D:-11 factors
- Correct Answer:- Option-B

Question28:-According to Ashtanga Hrudaya '**Grishtiksheeram**' is used in the preparation of

- A:-Kalyanaka ghrutham
- B:-Mahapaishachika ghrutham
- C:-Mahakalyanaka ghrutham
- D:-Both 1 and 3

Correct Answer:- Option-C

Question29:-In Mental Health Care Act, 2017 chapter IV deals with

A:-Advance Directive

B:-Rights of Mentally ill person

C:-Nominated representative

D:-Duties of appropriate Government

Correct Answer:- Option-C

Question30:-In psychology the school of '**Functionalism**' is contributed by

A:-Wilhelm Wundt

B:-Cart Roger

C:-Gustav T. Fechner

D:-William James

Correct Answer:- Option-D

Question31:-'**Natha : paratharam shreshtamapasmareshu varthathe, Brahmana Nirmitha : Poorvam**' select the yoga.

A:-Brahmarasayanam

B:-Vatakulanthaka Rasam

C:-Kasthura bhairava Rasam

D:-Ananda Bhairava Rasam

Correct Answer:- Option-B

Question32:-According to Charaka '**Shruthayaschabheekshnam**' is advised in

A:-Baala

B:-Unmada rogi

C:-Garbhini

D:-Apasmara rogi

Correct Answer:- Option-C

Question33:-As per Ashtanga Hrudaya '**Ashabdha Sravanam**' is present in

A:-Vathonmada

B:-Pithrugraha

C:-Vathika Apasmara

D:-Prodromal symptoms of Apasmara

Correct Answer:- Option-D

Question34:-Who wrote the first hand book in experimental psychology ?

A:-William James

B:-Wilhelm Wundt

C:-Skinner

D:-Ivan Pavlov

Correct Answer:- Option-B

Question35:-'**Smruthibhramsha**' is a symptom in which of the following '**Upavisha**'.

A:-Ganja

B:-Ahiphena

C:-Dhathura

D:-Karaveera

Correct Answer:- Option-C

Question36:-According to Susrutha '**Unmada**' specifically mentioned in which of the following toxic contexts

A:-Dooshivisha

B:-Sankavisha

C:-Sarpagabhihatha

D:-Garavisha

Correct Answer:- Option-A

Question37:-According to Charaka, in virechanakalpa which drug is indicated for patient with '**Vibhrantha chethas**' ?

A:-Trivruth

B:-Sudha

C:-Chathurangula

D:-Thilwaka

Correct Answer:- Option-B

Question38:-Types of '**Bhuthagraha**' according to Ashtanga Hrudaya is

A:-18

B:-5

C:-6

D:-7

Correct Answer:- Option-A

Question39:-The '**CAGE Questionnaire**' is used

A:-To evaluate insight of the patient

B:-To assess personality trait

C:-To assess pathological behaviour

D:-For alcohol abuse screening

Correct Answer:- Option-D

Question40:-A serious complication of anti psychotic medication where delayed psychomotor movements is termed as

A:-Tardive Dyskinesia (TD)

B:-Akathesia

C:-Akinesia

D:-Both 1 and 2

Correct Answer:- Option-A

Question41:-Seguin Form Board is used as

A:-Objective test of intelligence for children

B:-Objective test of intelligence for adult

C:-Performance test of intelligence containing 10 pieces and stacks

D:-Both 2 and 3

Correct Answer:- Option-C

Question42:-According to Susrutha '**Anavastha and Asahishnutha mana and sharira**' is seen in

A:-Apsmara

B:-Unmade

C:-Jwara

D:-Graha

Correct Answer:- Option-D

Question43:-Select one quality of Karmapurusha according to Susrutha

A:-Adhyavasaya

B:-Shourya

C:-Ashtikya

D:-Both 1 and 3

Correct Answer:- Option-A

Question44:-Rajoguna quality according to Ashtanga Hrudaya

A:-Atanasheelatha

B:-Matsara

C:-Anruthikatwam

D:-Harsha

Correct Answer:- Option-B

Question45:-'Asmin Sasthre Panchamahabhutha Sariri Samavaya : Purusha ithyuchyathe' - according to whom

A:-Charaka

B:-Bhela

C:-Susrutha

D:-Chakrapani

Correct Answer:- Option-C

Question46:-'Samjnapranaasha' is seen in which vishavega of Sthaavara visha according to Ashtangahrudaya

A:-4

B:-8

C:-5

D:-6

Correct Answer:- Option-D

Question47:-Hallucination is a symptom in which of the following poisoning ?

A:-Nuxvomica

B:-Dhathura

C:-Cannabis

D:-Both 2 and 3

Correct Answer:- Option-D

Question48:-'**Manaso Vishayaanaam cha kaalam tham tham prapadyathe**' specify the prakarana.

A:-Jwaram

- B:-Madathyayam
- C:-Vathika Apasmaram
- D:-Moorcha

Correct Answer:- Option-A

Question49:-The symptom 'Hathotsaaha' is seen as per Ashtangahrudaya in

- A:-Arshas
- B:-Pandu
- C:-Kaphajonmada
- D:-Pretha graha

Correct Answer:- Option-A

Question50:-As per Ashtangahrudaya '**Vyadhithendriya**' is associated with

- A:-Ojovisramsam
- B:-Rasakshayam
- C:-Ojokshayam
- D:-Aadhijonmadha

Correct Answer:- Option-C

Question51:-As per Ashtanga Hrudaya the specific symptoms '**Annadwit**' is associated with

- A:-Vathika Grahani
- B:-Kaphaja Unmada
- C:-Vatikajwaram
- D:-Pandu

Correct Answer:- Option-D

Question52:-The '**Nirooha vasthi**' indicated for '**unmada**' according to Ashtanga Hrudaya is

- A:-Mahasneha Vasthi
- B:-Mustha Paatadi Vasthi
- C:-Doshahara Vasthi
- D:-Yuktharadha Vasthi

Correct Answer:- Option-B

Question53:-'**Manonasha**' is the result where the specific marma get vidha. Select the marma

- A:-Adhipam
- B:-Apangam
- C:-Seemandha
- D:-Sankham

Correct Answer:- Option-C

Question54:-Which of the following is not a degenerate Central Nervous System (CNS) pathology to cause Dementia ?

- A:-Picks disease
- B:-Wilson's disease
- C:-Paget's disease
- D:-Schilder's disease

Correct Answer:- Option-C

Question55:-There is an irresistible urge to use a substance that compels drug seeking behaviour is characterised in

- A:-Physical dependance
- B:-Craving
- C:-Dependance
- D:-Psychological dependance

Correct Answer:- Option-B

Question56:-According to Ashtanga Hrudaya the symptom 'Ekathra na thishtanthi' is found in

- A:-Pishachagraha
- B:-Asuragraha
- C:-Vathonmada
- D:-Rakshasa graha

Correct Answer:- Option-A

Question57:-We met the symptom '**Cheeravasasam**' in which graha according to Ashtanga Hrudaya.

- A:-Kakhordagraha
- B:-Moukirana graha
- C:-Kooshamanda graha
- D:-Pishachagraha

Correct Answer:- Option-A

Question58:-Which vitamin deficiency is mainly affected in Dementia ?

- A:-Vit. D
- B:-Thiamine
- C:-Vit. A
- D:-Vit. K

Correct Answer:- Option-B

Question59:-Alpha Numerical Code F20 denote

- A:-Mood disorder
- B:-Generalised Anxiety Disorder (GAD)
- C:-Personality disorder
- D:-Schizophrenia

Correct Answer:- Option-D

Question60:-According to DSM IV, Axis 2 denotes

- A:-General psychiatric syndromes
- B:-Physical disorders and general medical condition
- C:-Personality disorder and mental retardation
- D:-Global Assessment Functioning (GAF)

Correct Answer:- Option-C

Question61:-After an interval, there may be a return of the previously extinguished conditional response. Find our the principle

- A:-Principle of extinction
- B:-Principle of spontaneous recovery
- C:-Principle of higher-order conditioning
- D:-Principle of discrimination

Correct Answer:- Option-B

Question62:-According to Yogadarsana, '**Chithavruthi**' can be divided into

- A:-Icha dweshadi
- B:-Sharira Manasa
- C:-Klishtaklishta
- D:-Both 2 and 3

Correct Answer:- Option-C

Question63:-'**Gavaam api medhyam**' - select the specified Rasayana according to Ashtangahrudaya

- A:-Pancharavindam
- B:-Jaladadi rasayana
- C:-Brahmirusayana
- D:-Chathushkuvalaya rasayana

Correct Answer:- Option-D

Question64:-'**Agryaushadha**' for Unmada according to Ashtangahrudaya

- A:-Anavam grutham
- B:-Shanghu pushpi
- C:-Saraswatharishta
- D:-Gold

Correct Answer:- Option-A

Question65:-To determine '**Satwa**', how many factors are described in '**Bhagavath Geetha**' ?

- A:-10
- B:-12
- C:-7
- D:-3

Correct Answer:- Option-B

Question66:-'Sudhasatwa' is Adosham because of

- A:-Roshamsha
- B:-Jnanamsha
- C:-Utsahamsha
- D:-None of the above

Correct Answer:- Option-B

Question67:-'Suvyavasthitha gathi' according to charaka is a feature of

- A:-Brahmasatwa
- B:-Gandharvasatwa
- C:-Asura satwa
- D:-Satwasara purusha

Correct Answer:- Option-D

Question68:-'**Kuberasatwa**' is a type of

- A:-Sudhasatwa
- B:-Rajasa Satwa
- C:-Thamasa Satwa
- D:-None of the above

Correct Answer:- Option-A

Question69:-'**Nirakarishnum**' as per Charaka is seen in

- A:-Shakunasatwa
- B:-Pashava Satwa
- C:-Vanaspathya Satwa
- D:-Arsha Satwa

Correct Answer:- Option-B

Question70:-Fear of strangers is named as

- A:-Algo phobia
- B:-Zoo phobia
- C:-Claustrophobia
- D:-Xenophobia

Correct Answer:- Option-D

Question71:-Systematic Desensitization (SD) is the best psychological treatment for

- A:-Delusional disorder
- B:-Substance use disorder
- C:-Phobia
- D:-Mania

Correct Answer:- Option-C

Question72:-The psycho social therapy 'Psychodrama' was introduced by

- A:-Albert Ellis
- B:-Jacob L. Moreno
- C:-K. Jacobson
- D:-James Braid

Correct Answer:- Option-B

Question73:-Pure food makes the mind pure, pure mind boosts up

- A:-Thought process
- B:-Mental strength
- C:-Memory power
- D:-Physical strength

Correct Answer:- Option-C

Question74:-The food which makes a man '**Dukhashokaamayaprada**', which one ?

- A:-Malinahaara
- B:-Rajasasyeshtahaara
- C:-Virudhahaara
- D:-Thamasasyeshtahaara

Correct Answer:- Option-B

Question75:-'Samjna vibhrama' in Unmada can be compared to

- A:-Volitional disturbance
- B:-Formal thought disorder
- C:-Sensory deception
- D:-Disorientation

Correct Answer:- Option-D

Question76:-Psychiatric disorders are described as '**Kirikam**'. Where ?

- A:-Bhela Samlitha
- B:-Bhranthukalpam
- C:-Adharvaveha
- D:-Chandagyopanishath

Correct Answer:- Option-B

Question77:-According to Sustrutha '**Indriyartheshu Asampraapthi**' is one of the symptom in

- A:-Klamam
- B:-Alasyam
- C:-Thandra



D:-None of the above

Correct Answer:- Option-C

Question78:-In Mental Health Care Act, 2017 'Rights of persons with mental illness' is described in which chapter ?

A:-IV

B:-III

C:-II

D:-V

Correct Answer:- Option-D

Question79:-Repetition, echo or mimicking of action is termed as

A:-Echopraxia

B:-Echolalia

C:-Mutism

D:-None of the above

Correct Answer:- Option-A

Question80:-Which among the following thought disorder is characteristic feature in schizophrenia

A:-Thought blocking

B:-Delusion of persecution

C:-Flight of ideas

D:-Distractibility

Correct Answer:- Option-A

Question81:-A person adopt new identity with complete amnesia for earlier life and characterised by episodes of wander away, usually from home. The condition is

A:-Dissociate Amnesia

B:-Alzheimer's disease

C:-Dissociative identity disorder

D:-Dissociative Fugue

Correct Answer:- Option-D

Question82:-Select the yogasana which is '**Chithavishranthikaraka**'.

A:-Mayoorasana

B:-Swasthikasana

C:-Shavasana

D:-Paschimothasana

Correct Answer:- Option-C

Question83:-'**Praharshana : Preethikara : Paanaanna gunadarshaka**' : The symptoms shown in which '**Mada**' stage ?

A:-Pradhama

B:-Dwittheeya

C:-Thrutheeya

D:-In the junction between dwittheeya and thrutheeya

Correct Answer:- Option-A

Question84:-The mental operation having the cognition of absence for its grasp. Which is that according to Pathanjali ?

A:-Prathyahara

B:-Vikalpa

C:-Viparyaya

D:-Nidra

Correct Answer:- Option-D

Question85:-'**Parasampathou asahishnutha**' is termed as

A:-Matsarya

B:-Lobha

C:-Irshya

D:-Abhyasooya

Correct Answer:- Option-C

Question86:-'**Mahagadam**' is otherwise known as

A:-Sannipathapasmara

B:-Athathwabhinivesha

C:-Vishajonmada

D:-Paithikonmada

Correct Answer:- Option-B

Question87:-'**Awake brain in a paralysed body**' identify the stage of sleep

A:-REM sleep

- B:-NREM step stage (1)
  - C:-NREM sleep stage (2)
  - D:-NREM sleep stage (4)
- Correct Answer:- Option-A

Question88:-Using animals for achieving sexual excitement - the condition is called as

- A:-Necrophilia
- B:-Bestiality
- C:-Paedophilia
- D:-None of the above

Correct Answer:- Option-B

Question89:-The first scientifically devised test of intelligence was

- A:-Stanford-Binet intelligence test
- B:-Binet-Simon test
- C:-The Wechsler Scale
- D:-None of the above

Correct Answer:- Option-B

Question90:-The best among the following procedure is used extensively in child rearing

- A:-Avoidance conditioning
- B:-Classical conditioning
- C:-Operant conditioning
- D:-None of the above

Correct Answer:- Option-C

Question91:-Painful thoughts, impulses or offences, desires etc. are banished from entering consciousness, select the correct Defence mechanism

- A:-Repression
- B:-Sublimation
- C:-Denial
- D:-Regression

Correct Answer:- Option-A

Question92:-This is an example for panic reaction usually seen in China and parts of Asia, which is an example for Culture Specific Syndrome

- A:-Latah
- B:-Voodoo
- C:-Amok
- D:-Koro

Correct Answer:- Option-D

Question93:-'**Dementia praecox**' was renamed as '**Schizophrenia**' by

- A:-Eugen Bleuler
- B:-Emil Kraepelin
- C:-Langfeldt
- D:-William James

Correct Answer:- Option-A

Question94:-The treatment advised in 'Dwamsaka' is same as of

- A:-Paithika Madathyaya Chikitsa
- B:-Vathika Madathyaka Chikitsa
- C:-Kaphaja Madathya Chikitsa
- D:-None of the above

Correct Answer:- Option-B

Question95:-'**Prapurana ghrutha**' has the quality of

- A:-Uragandha
- B:-Makshikabham
- C:-Laksharasanibham
- D:-None of the above

Correct Answer:- Option-C

Question96:-'**Thylalashuna**' prayoga is advised in which prakarana ?

- A:-Unmada
- B:-Bhutonmada
- C:-Sanyasa
- D:-Apasmara

Correct Answer:- Option-D

Question97:-Memory of objects, facts and concept as well as words and their meaning is termed as

A:-Auto biographical (episodic) memory

B:-Semantic (Factual) memory

C:-Implicit memory

D:-None of the above

Correct Answer:- Option-B

Question98:-The active principle '**Withanone**', which is having influence in memory is present in

A:-Aswagandha

B:-Mandookaparni

C:-Brahmi

D:-Yashtimadhu

Correct Answer:- Option-A

Question99:-The types of dreams according to Charaka

A:-7

B:-8

C:-5

D:-4

Correct Answer:- Option-A

Question100:-The founder of Analytical psychology is

A:-Eric Berne

B:-Joseph Pratt

C:-Aaron T. Beck

D:-Carl Gustav Jung

Correct Answer:- Option-D